# MIGRATION DYNAMICS, WITHIN-ESTUARY BEHAVIORS AND CARDIORESPIRATORY RESPONSES OF SUMMER FLOUNDER TO SELECTED ESTUARINE CONDITIONS 

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## APPROVAL SHEET

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#### Abstract

A comprehensive understanding of migration dynamics, within-estuary behaviors and physiological tolerances of fish is needed to assess and predict future responses of fish to environmental disturbance and to protect habitat necessary for growth and survival. This study adds to current knowledge of summer flounder (Paralichthys dentatus) responses to environmental conditions by (1) examining migration and withinestuarine behaviors of adult summer flounder and (2) establishing summer flounder metabolic requirements and cardiorespiratory responses to variations in hypoxia and temperature.

To elucidate use of a southern mid-Atlantic Bight estuary by adult summer flounder, the movements of 45 fish were monitored using acoustic telemetry within a seaside lagoon along Virginia's Eastern Shore. Mean residence time in this region was 1.5 times greater than previously reported for this species. The majority of fish remained within the estuary until mid-October, although some fish dispersed from the system earlier, and some temporarily exited and re-entered the system before final dispersal. Migration into or out of the system most closely followed seasonal changes in mean water temperature, but photoperiod and other factors may also play a role. Fish resided primarily in the deeper regions of the lagoon system, where strong currents preclude the development of suboptimal conditions such as hypoxia. Summer flounder also generally exhibited low levels of large-scale activity (e.g., 100s of meters). Variations in the migratory and within-estuary behaviors indicate that individual fish use different strategies to maximize food and habitat resources. Additional research is necessary to identify preferences and behaviors of summer flounder within estuaries and along the inner continental shelf and to relate these to prey distribution.

To provide a metabolic framework for understanding how summer flounder respond to hypoxia, stopflow respirometry was used to measure changes in resting metabolic rate, oxygen extraction, gill ventilation and heart rate during progressive hypoxia at an acclimation temperature $\left(22^{\circ} \mathrm{C}\right)$ and after an acute increase to $30^{\circ} \mathrm{C}$. Summer flounder experience a 6 -fold increase in gill ventilation while maintaining oxygen extraction above $50 \%$. However, the critical oxygen saturation increased significantly from $27 \%$ at $22^{\circ} \mathrm{C}$ to $39 \%$ at $30^{\circ} \mathrm{C}$, suggesting a lower tolerance to hypoxia after exposure to an acute increase in temperature. In addition, fish subjected to $30^{\circ} \mathrm{C}$ were unable to increase gill ventilation to as great an extent as at $22^{\circ} \mathrm{C}$. At both temperatures, significant bradycardia was only observed when oxygen levels decreased to levels below critical oxygen saturation. Due to their ability to maintain aerobic metabolism in low oxygen conditions, summer flounder are not likely to avoid hypoxic conditions to maintain aerobic metabolism in the wild. However, exposure to hypoxia can decrease aerobic scope and consequently affect somatic and gonadal growth rates. Additional studies specifically examining the effects of hypoxia and temperature on aerobic scope are necessary to fully understand the effects of variable environmental conditions on growth and reproduction in this species.


MIGRATION DYNAMICS, WITHIN-ESTUARY BEHAVIORS AND CARDIORESPIRATORY RESPONSES OF SUMMER FLOUNDER TO SELECTED ESTUARINE CONDITIONS

## INTRODUCTION

Estuaries are among the most productive aquatic ecosystems in the world, supporting valuable fisheries and providing seasonal nursery habitat and feeding grounds for many coastal species. Both juvenile and adult migratory fishes take advantage of the abundant food resources, warm summer temperatures and protection from predation found in estuaries to grow rapidly or prepare for spawning (Peters and Angelovic 1971, Miller et al. 1985, Gibson 1994, Scharf et al. 2006). Estuaries can also be challenging environments, due to the potential for significant environmental variability. Many estuarine organisms live near their tolerance limits, and exposure to suboptimal conditions may affect growth, recruitment success and survival.

Anthropogenic development and consequences of climate change threaten to increase the extent and duration of environmental perturbations in estuaries (Kuo and Nelson 1987, Kennedy 1990, Diaz and Rosenberg 1995). Increase in the rate of organic matter input from land associated with coastal development has been the primary cause of declining estuarine quality observed over the past three decades and is a major contributor to the development of hypoxic conditions in estuaries (dissolved oxygen less than $5 \mathrm{mg} \mathrm{O}_{2} \mathrm{l}^{-1}$; Pinckney et al. 2001, Cooper and Brush 1991, Boesch 2002). Global warming, caused by the trapping of radiant energy by excessive greenhouse gases emitted into the atmosphere, may also play a part in altering estuarine systems (Kennedy 1990, Diaz and Rosenberg 1995, Diaz and Rosenberg 2008). On a global scale, water temperatures rise as the atmosphere warms. Temperature is the primary driver of the
abundance and distribution of aquatic organisms, and temperature-linked shifts in organismal distributions have already been observed in response to a changing climate (Perry et al. 2005, Parmesan 2006). Warmer temperatures will lead to decreased solubility of oxygen in water (Kennedy 1990), which, along with the predicted rise in sea level and increased precipitation (affecting nutrient input and stratification), may exacerbate hypoxic events (Kennedy 1990, Roessig et al. 2004). Together, these processes result in alteration of the extent of suitable habitat for estuarine species.

When exposed to suboptimal environmental conditions, estuarine fishes maintain homeostasis through avoidance or adaptive mechanisms. These responses are important for survival, but may compromise fish performance in other ways. For example, alterations in the distribution of fish allow individuals to avoid suboptimal conditions but may in turn increase energy expenditure, the risk of predation, or an individual's access to food resources (Kramer 1987). Conversely, fish that remain in suboptimal conditions may be limited in aerobic scope (the metabolic confines within which all aerobic activities must be undertaken; Claireaux and Lefrançois 2007), which in turn affects physiological processes such as growth, disease resistance, metamorphosis, or fecundity (Noga 1993, Yamashita et al. 2001, Pörtner and Knust 2006, Stierhoff et al. 2006, Landry et al. 2007, Stierhoff et al. 2009). Individual organisms therefore employ a combination of behavioral and physiological strategies in response to environmental changes. A clear understanding of migration behaviors, estuarine habitat requirements and environmental tolerances is needed to assess and predict future responses of fish to environmental disturbances and to protect habitats necessary for growth and survival.

## Summer flounder

Summer flounder (Paralichthys dentatus) depend seasonally on estuaries for growth and survival and, as such, may be affected by increasing environmental variability. Summer flounder range from Nova Scotia to Florida, but are primarily concentrated between Cape Cod, Massachusetts and Cape Hatteras, North Carolina. Both juveniles and adults use mid-Atlantic estuaries during the spring and summer months as nursery and feeding grounds before adults move offshore to spawn in the fall. Summer flounder appear to exhibit site fidelity, returning to the same estuary after undertaking spawning migrations to the edge of the continental shelf (Desfosse 1995, Sackett et al. 2008).

Because seasonal estuarine use is important to the recruitment success and productivity of summer flounder stocks, studies are needed to clearly define estuarine habitat use and understand the affects of suboptimal conditions. Previous work primarily investigated juvenile use of estuaries as nursery habitats and physiological responses to environmental conditions (e.g., Malloy and Targett 1991, Roundtree and Able 1992, Szedlmayer and Able 1993, Tyler 2004, Necaise et al. 2005, Stierhoff et al. 2006, Stierhoff et al. 2009). Only recently have studies using acoustic telemetry investigated the ways larger juvenile and adult fish use estuaries and the precise timing of migration (Fabrizio et al. 2007, Sackett et al. 2007, Sackett et al. 2008). Similarly, despite the importance of understanding responses to environmental conditions in a metabolic framework, limited information exists on the metabolic requirements of summer flounder (Klein-MacPhee 1979). Moreover, information on the ability of summer flounder to
maintain aerobic metabolism through cardiorespiratory adjustments in the face of environmental stressors such as hypoxia or temperature changes is lacking.

## Thesis Objectives

Given the limited understanding of adult summer flounder use of estuaries and their metabolic tolerances to fluctuating estuarine conditions, the objectives of this thesis research were to (1) examine migratory and within-estuary behaviors of adult summer flounder (Chapter 1) and (2) establish a metabolic framework for understanding summer flounder metabolic requirements and cardiorespiratory responses to hypoxia and temperature changes (Chapter 2). This research will add to current understanding of summer flounder behaviors, with which to assess future impacts of anthropogenic and climatic changes.

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## CHAPTER 1

MIGRATION AND WITHIN-ESTUARY BEHAVIORS OF ADULT SUMMER FLOUNDER IN A VIRGINIA EASTERN SHORE SEASIDE LAGOON USING PASSIVE ACOUSTIC TELEMETRY


#### Abstract

To elucidate use of a southern mid-Atlantic Bight estuary by adult summer flounder, the movements of 45 tagged fish were monitored using acoustic telemetry within a seaside lagoon along Virginia's Eastern Shore. The mean residence time of fish monitored from 8 June 2007 to 17 January 2008 (when the last fish was detected leaving the system) was conservatively estimated to be 130 days (range: 18-223 days), which is 1.5 times longer than previously reported. The majority of fish remained within the lagoon system until mid-October, although some fish dispersed out of the system earlier, and some temporarily exited and re-entered the system before final dispersal. Larger fish were more likely to disperse before mid-October and may have moved to other estuaries or the inner continental shelf during the summer and early fall. Fish resided primarily in the deeper regions of the system (upper channels) and generally exhibited low levels of large-scale (100s of meters) activity. Only $27 \%$ of fish released in the upper channels were detected in the lower channels, and they dispersed later in the fall than individuals that remained solely in the upper channels. Fish were detected returning to the system from 7 February to 7 April 2008. Fish that dispersed after mid-October were most likely to return to the system the following spring. Migration into or out of the system most closely followed seasonal changes in mean water temperature, but photoperiod and other factors may also play a role. Different migration and within-estuary behaviors indicate that individual summer flounder use different strategies to maximize food and habitat resources. Additional research is necessary to identify preferences and behaviors of summer flounder within estuaries and along the inner continental shelf and to relate these to prey distribution.


## INTRODUCTION

Seasonal estuarine residence plays a vital role for juvenile and adult summer flounder (Paralichthys dentatus) by providing the optimal temperatures, food resources and protection from predation necessary for growth and survival during the spring and summer months. Summer flounder migrate offshore to spawn over the edge of the continental shelf in the fall and winter before migrating back inshore the following spring, often returning to the same estuary in subsequent years (Sackett et al. 2007). As a result, stock abundance is likely be influenced by local estuarine conditions (Ray 2005). A clear understanding of how summer flounder use these estuarine systems is necessary, especially in light of the continued anthropogenic alteration and degradation of estuarine environments resulting from eutrophication, shoreline development, and global climate change. The use of estuaries as nursery habitat and responses of juvenile summer flounder to estuarine conditions has been extensively examined (e.g., Malloy and Targett 1991, Roundtree and Able 1992b, Szedlmayer and Able 1993, Malloy and Targett 1994, Able and Kaiser 1994, Tyler 2004, Necaise et al. 2005, Stierhoff et al. 2006, Stierhoff et al. 2009) but significant gaps exist in our understanding of residency times and withinestuary behaviors of adult summer flounder.

The timing of adult summer flounder spawning migration varies with latitude, proceeding from north to south along the range of distribution (Nova Scotia to Florida; Smith 1973, Morse 1981, Able and Kaiser 1994, Kraus and Musick 2001). Migration timing has traditionally been determined by assessing the abundance of fish in an estuary
over time using standard fisheries methods, such as bottom trawl surveys. However, population-level monitoring is insufficient to understand the dynamics of emigration. Recently, the precise timing of migration was investigated for individual summer flounder using acoustically monitored adults in the Mullica River-Great Bay estuary (NJ). Here, a large number of fish departed the estuary in July (well before the fall), but the precise timing varied between years (Sackett et al. 2007). Therefore, variation in emigration may exist not only by latitude, but also among individual fish within a system, and by year. Similarly, adult summer flounder are known to return to the same estuary in subsequent years (Poole 1962, Murawski 1970, Sackett et al. 2007, Fabrizio et al. 2007b), but not all summer flounder exhibit this site fidelity and factors influencing site fidelity in summer flounder are not well understood.

Adult summer flounder are found in a variety of habitats within estuaries, including tidal creeks and seagrass beds (Bigelow and Schroeder 1953, Dahlberg 1972, Orth and Heck 1980, Roundtree and Able 1992a), but there is a high degree of individual variability regarding within-estuary behaviors. Adult fish in the Mullica River-Great Bay estuary were primarily distributed in the deeper areas of the bay near the inlet during the summer, while more mobile fish resided in other areas of this estuary (Sackett et al. 2008). Likewise, most fish remained in the Mullica River-Great Bay system until emigration to the outer shelf, but several adults also exited and re-entered the system multiple times (i.e., 'temporary emigrants'). Similar patterns were observed in the Chesapeake Bay, where sedentary adults resided at structured sites, but more active fish traveled longer distances (Fabrizio et al. 2007b). Such variations have been noted in other
species, and may be strategies used by individual fish to maximize food and habitat resources (Kobler et al. 2009, Pautzke et al. 2010).

This study examined the use of a seaside lagoon of Virginia's Eastern Shore by individual adult summer flounder. Located in the southern portion of the mid-Atlantic Bight (MAB), these lagoons are recognized as one of the primary nursery grounds for juvenile summer flounder (Schwartz 1961, Norcross and Wyanski 1994, Kraus and Musick 2001, Desfosse 1995), but also support a large number of adults and an active recreational fishery (Richards 1970, Desfosse 1990). Previous descriptions of summer flounder use of these systems are limited to juvenile habitat preferences (Wyanski 1990, Norcross and Wyanski 1994) and adult migration patterns determined by traditional mark-recapture methods (Kraus and Musick 2001, Desfosse 1995). The timing of emigration and length of estuarine residency have not been examined on an individual basis in this region of the MAB and likely vary from those fish in systems further north. In addition, these lagoon systems experience the large temperature range typical of most MAB systems $\left(0-30^{\circ} \mathrm{C}\right)$, but are different from larger estuaries in that they are shallow (mean depth < 3m), well-mixed, and polyhaline (>28\%) with restricted access to the ocean, minimal freshwater input, and a moderate tidal range (1.2-1.4 m, NOAA Tidal Current Prediction Center 2007). Therefore, within-system distribution and behaviors may differ between fish that use the Virginia Eastern Shore lagoons and those that primarily inhabit larger estuaries and systems exhibiting a salinity gradient.

My objectives were to describe patterns of seasonal immigration and emigration and within-estuary behaviors of summer flounder from an estuary in the southern portion of the MAB. To meet this objective, the movements and residency time of acoustically
tagged adult summer flounder were monitored in an Eastern Shore lagoon. These data were used to determine: (1) immigration/emigration rates and duration of residency and (2) spatio-temporal distribution and activity of fish within the system. It was not within the scope of this study to examine small-scale abiotic influences on migratory movements or distributions (i.e., temperature, dissolved oxygen, barometric pressure; see Sackett et al. 2007, 2008). However, the effects of seasonal temperature and photoperiod, as well as fish size, on immigration, emigration, and residency were considered (Smith 1973, Able and Kaiser 1994, Rogers and Van Den Avyle 1983, Packer et al. 1999). Similarly, because tidal stage, time of day and temperature have been associated with flatfish activity (Casterlin and Reynolds 1982, Wirjoatmodjo and Pitcher 1984, Olla et al. 1972, Malloy and Targett 1991, Szedlmayer and Able 1993, Fabrizio et al. 2007b), these factors were also considered when examining within-estuary activity.

## METHODS

## Study Site

The Eastern Shore lagoon system behind the barrier islands near Wachapreague, Virginia (Fig. 1) is primarily connected to the Atlantic Ocean via Wachapreague Inlet, although oceanic water from Metompkin Inlet to the north and Quinby Inlet to the south also penetrate the barrier islands. The two main channels leading from Wachapreague Inlet further divide into channels that cut through the marsh before opening into large, shallow tidal flats. The entire system is characterized by strong currents due to constrictions at the inlet and in the channels (Conrath 2005), although channel currents generally dissipate with distance from the inlet. Channels were identified as areas approximately 3-12 m deep inside the inlet constricted by Spartina alterniflora dominated salt marsh. Sediment type follows the energy gradient, with coarse sand within and near the inlet, and progressively finer (muddy) sediments at increasing distance from the inlet (Wyanski 1990).

I divided the Wachapreague lagoon system into four regions (Fig 1):

1. Wachapreague Inlet (approximately 625 m wide) - the primary point of ingress and egress of fish characterized by depths of approximately 6-15 m and strong currents;
2. Upper channels - the channel leading north away from Wachapreague Inlet and its divergent channels;
3. Lower channels - the channel leading south away from Wachapreague Inlet and its divergent channels;
4. Tidal flats (also known locally as 'bays') - the shallowest bodies of water included in the study (approximately 1-2 m). Although several tidal flats are present in this area, only Swash Bay was included due to its popularity with summer flounder anglers for recreational fishing.

Environmental conditions in the inlet, channels and tidal flat were monitored from 8 June 2007 to 29 July 2008 with three YSI multi-parameter water quality data loggers (Model 6920-O, Yellow Springs Instruments) and six temperature loggers (U22-001, HOBO; Fig.1). The latter recorded water temperature once per hour. The YSI data loggers recorded temperature, salinity and dissolved oxygen concentration ([DO]) once per hour. YSI units were replaced with calibrated units every 1-2 weeks in the summer and, as fouling diminished, every 2-4 weeks thereafter. Despite such precautions, erroneous recordings due to membrane fouling, battery failure and calibration drift did occur; these recordings were easily detected and removed upon examination of the data. Photoperiod for each day in the study was acquired from tide prediction software (Jtides, www.arachnoid.com/JTides).

## Telemetry and Tagging

On 22 May 2007, 50 adult summer flounder were captured by hook and line and internally tagged with individually coded transmitters using established procedures (Fabrizio and Pessutti 2007). Tagged fish (261-558 mm TL) were considered adults because summer flounder can reach maturity at 240-300 mm TL (Morse 1981). All fish
were tagged and released in the upper channels with the exception of one fish that was captured, tagged and released in the tidal flat. Transmitters (V9-2L-R64K, 69 kHz ; VEMCO) were 30 mm long and 9 mm in diameter with a delay time between 60 and 180 seconds and had a projected 14-month battery life. Immediately after capture, summer flounder were anesthetized with $60 \mathrm{mg} \mathrm{l}^{-1}$ AQUI-S before surgical implantation and were allowed to fully recover in an onboard aquarium before release at the capture site. Before release, fish were measured (TL) and externally tagged with an individually numbered Tbar anchor tag inserted near the caudal peduncle to alert anglers to report recaptures.

Fish locations were passively monitored with 27 receivers (VR2, VR2W; VEMCO) deployed throughout the study site between 21 May and 8 June 2007 (Fig. 1, 127). Receivers were attached to an anchored line fitted with a buoy and positioned near the bottom of the water column ( $\leq 1 \mathrm{~m}$ ) with the hydrophone oriented downward to better detect bottom-dwelling summer flounder. Range tests in this system were performed in a similar manner to those conducted by Fabrizio et al. (2007b). Approximately 50\% of emitted pings from a test transmitter (VEMCO) were detected by a VR2 receiver (VEMCO) 350 m away, and receivers were therefore placed $\geq 700 \mathrm{~m}$ apart to monitor fish movements on the scale of 100 s of meters.

Most receivers were retrieved on 31 January 2008; eight receivers remained in the vicinity of the inlet to permit detection of fish that returned to the Wachapreague system the following year (16-18, 22, 24-27). Eleven receivers from a separate study on rays (Josh Smith and John A. Musick; Fig 1, receivers marked "J") were deployed in the system on 26 June 2007 (J01-J03) and 26 July 2007 (J05-J09, J11-J12, J14), and retrieved on 17 November 2007, with the exception J14 which remained in the system
until 12 December 2007. The data from four of those receivers were included as upper channel (J01, J02, J07) and inlet (J14) region data in our analyses of distribution and activity due to their proximity to our own receivers. The remaining seven receivers provided supplementary coverage of the Wachapreague system. Several receivers were lost before the retrieval dates, most likely due to strong currents, but gaps in receiver coverage did not inhibit assessment of immigration and emigration or regional use due to the presence of other nearby receivers.

Summer flounder migratory and within-estuary behaviors were examined from 8 June 2007 (last date of receiver deployment) until the last fish departed on 17 January 2008. The start date (8 June 2007) was approximately two weeks after the release of tagged fish. This limited possible atypical activity patterns due to recovery from capture and surgery (Knights and Lasse 1996, Rogers and White 2007). The number and timing of summer flounder returns to the Wachapreague system were also monitored from 18 January through 29 July 2008, after which all instruments were retrieved.

## Migratory Behaviors

A fish was considered to have emigrated on the last day it was detected in the Wachapreague system. Likewise, fish were considered to have immigrated (i.e., to have returned) to the Wachapreague system when they were first redetected at the inlet or within the system after dispersing. Because Wachapreague Inlet is the primary location for fish emigration, dispersals were only considered for statistical analysis when fish were last detected at the inlet. The fate of fish after last being detected elsewhere within the system could not be conclusively determined, and as such these were treated as
censored observations for statistical analysis. Fish detected at or near the inlet (17-22, J14), but undetected for two consecutive weeks, potentially exited and re-entered the system before final emigration (Sackett et al. 2007) and were considered temporary emigrants.

Data were examined over weekly intervals to determine patterns of seasonal migration and to estimate mean residence times. Dispersal and return rates were calculated with the Kaplan-Meier (KM) estimator, a nonparametric approach requiring no assumptions about the underlying hazard function and accommodating censored observations (Pollock et al. 1989, Bennetts et al. 2001). Temporary migrants were considered residents until the final dispersal out of the inlet. The residence time of uncensored fish was used to calculate a mean residence time for summer flounder in the Wachapreague system.

A piecewise linear regression was used to identify the abrupt change in dispersal rate (the change-point); non-linear least-square estimation was used to fit this model to the data (NLIN procedure in SAS, SAS Institute Inc., Cary, NC). A piecewise linear regression allows for different relationships between the response and the explanatory variable depending on the ranges of values for the explanatory variable (e.g., Ryan et al. 2002). The time before the change-point was considered to be the 'residency period,' a time during which most fish were found within the system. The time after the changepoint was considered the 'emigration period,' during which most fish were observed emigrating from the Wachapreague system. An odds ratio was used to test whether the timing of emigration (i.e., during the residency or emigration period) affected the likelihood of a fish returning to the Wachapreague system the following year.

The effects of mean monthly temperature and mean monthly photoperiod on monthly emigration (log transformed to improve homogeneity of variance) were examined with a multiple linear regression (GLM procedure in SAS, SAS Institute Inc., Cary, NC). The statistical model fit to the data was:

$$
\begin{equation*}
\mathrm{Y}_{i}=\beta_{0}+\beta_{1} X_{1 i}+\beta_{2} X_{2 i}+\varepsilon_{i} \tag{1}
\end{equation*}
$$

where $Y_{i}$ is the percent of fish that dispersed for month $i, \beta_{0}$ is the overall mean, $\beta_{1}$ measures the change in $Y_{i}$ per unit change in $X_{I i}, X_{l i}$ is the mean temperature for month $i$, $\beta_{2}$ measures the change in $Y_{i}$ per unit change in $X_{2 i}, X_{2 i}$ is the mean photoperiod for month $i$, and $\varepsilon_{i}$ is the random error for the $i^{\text {th }}$ observation.

In addition to these environmental variables, I examined the effect of fish size on the probability of emigration before or after the change-point (i.e., residency or emigration period) using logistic regression (LOGISTIC procedure in SAS, SAS Institute Inc., Cary, NC). The statistical model fit to the data was:

$$
\begin{equation*}
g(x)=\beta_{0}+\beta_{1} X_{1} \tag{2}
\end{equation*}
$$

where $g(x)$ is the natural log of the odds of a fish dispersing before or after the changepoint, $\beta_{0}$ is the intercept, $\beta_{1}$ measures the change in $g(x)$ per unit change in $X_{I}$, and $X_{I}$ is fish size. Goodness of fit statistics were calculated to assess the fit of the model.

## Within-Estuary Behaviors

Temporal and spatial distribution of summer flounder in the Wachapreague system were described by examining summer flounder use of the defined regions (inlet, upper channels, lower channels, tidal flat) on a monthly basis until all fish dispersed. The proportion of fish in each region, and the proportion of time fish spent in each region were calculated by month. In a given month, the proportion of time fish spent in all regions summed to one, but because a single fish could occupy more that one region in any given month, the sum of the proportions of fish in each region for a given month could exceed one. This same methodology was used to calculate proportions of time and fish in each region by residency and emigration periods (excluding October, the month in both periods), and the z statistic was used to test for differences in the proportions for the two periods (Fleiss 1981). For fish that moved between regions, the length of time between the last region-specific detection to the next region-specific detection was not included in the calculations because fish location during that interval could not be objectively assigned to a region. All proportions were expressed as percentages.

Movement between receivers was used to develop an activity index, taken as the total number of times a fish moved between receivers during a given period of time. A fish was assigned an activity index value of one for each arrival at a new receiver. An activity index of zero indicated that a fish was detected at a receiver, but did not move between receivers. Consequently, the activity index was a discrete count. Activity index was summarized weekly for individual fish by tidal stage (ebb, slack before ebb, flood, slack before flood) within each time of day interval (day or night). Day (10:00-16:00) and night (22:00-4:00) were restricted to non-consecutive six hour periods to minimize
autocorrelations associated with successive observations on the same fish during day and night periods (Rogers and White 2007). Mean temperature was computed for each period (tidal stage, time of day and week combination) from temperature recordings from the two YSI receivers in the upper channels.

To determine how activity changed, the relationship between activity indices and week, time of day, tidal stage and temperature was examined with a repeated measures generalized linear model (GENMOD procedure in SAS, SAS Institute Inc., Cary, NC). The statistical model fit to the data was:

$$
\begin{equation*}
\log \left(\lambda_{i j k}\right)=\mu+\alpha_{i}+\delta_{j}+\tau_{k}+\gamma \tag{3}
\end{equation*}
$$

where $\log \left(\lambda_{i j k}\right)$ describes the link function, $\lambda_{i j k}$ is the mean activity for week $i$, time of day $j$ and tidal stage $k, \mu$ is the overall mean activity, $\alpha$ is the week effect $(i=1-32), \delta$ is the time of day effect ( $j=$ day, night), $\tau$ is the tidal stage effect ( $k=$ ebb, flood, slack before ebb, slack before flood), and $\gamma$ is the effect of mean temperature. All plausible interactions (temperature*tidal stage, temperature*time of day, temperature*week) were investigated, but were removed from the final model if non-significant at an alpha level of 0.05. All effects in this model were considered fixed effects. Because activity index data are count data, the fit of the negative binomial and the Poisson distribution were examined using the FitDistr script in R (R Foundation for Statistical Computing, Vienna, Austria). The negative binomial distribution was selected because the fit had the lowest Akaike's Information Criterion (AIC) value (Burnham and Anderson 2002).

Activity index data represented observations on the same fish over time (repeated measures), observations which are likely to be correlated. In a repeated measures generalized linear model, generalized estimating equations (GEEs) are used to calculate the working correlation matrix that describes the nature of the correlation among repeated measurements within subjects (Littell et al. 2006). Several correlation structures were tested, and the Quasi-likelihood Information Criterion (QIC; a modification of AIC applied to models fit by GEE) was used to identify the correlation matrix that best described the relationship among activity indices for a given fish (Littell et al. 2006). Several plausible correlation structures (independent, exchangeable, firstorder autoregressive and unstructured; Littell et al. 2006) were examined, and the firstorder autoregressive structure best fit the observations. This structure assumes correlation of observations is a function of their distance in time (Littell et al. 2006), which is appropriate for acoustic data because fish movements closer together in time may be more correlated than those farther apart in time.

## RESULTS

## Migratory Behaviors

Fish included in all subsequent analyses were those that were alive and detected at receivers as of 8 June 2007. As a result, 45 out of 50 tagged fish were included in analyses (278-558 mm TL). Of the 5 fish eliminated from analyses, one was assumed dead (all detections were at a single receiver), another departed through the inlet before 8 June 2007 (and was detected in Delaware Bay on 9 June 2007, Dewayne Fox, pers. comm.), and the remaining 3 were not detected by moored receivers in the Wachapreague system (these fish may have departed undetected or may have been harvested by recreational anglers).

Three types of behaviors were observed among summer flounder in the Wachapreague system: those that emigrated early (during the residency period), those that temporarily emigrated (i.e., exited and re-entered the system multiple times during the study period), and those that emigrated late (during the emigration period). Fish emigrated from the Wachapreague system throughout the study but dispersal rates changed significantly in mid-October [change-point=week 18 (11 October 2007); $F=212.2, P<0.05$; Fig 2]. Based on the KM model, only $27 \%$ of tagged summer flounder were estimated to have dispersed by 11 October 2007. Accordingly, the period from 8 June 2007 to 11 October 2007 was identified as the residency period (Fig. 2), and the majority of fish that dispersed during this period emigrated shortly after tagging in June (Fig. 3). June was also the month with the highest number of censored fish (i.e., fish of
unknown fate; Fig. 3). The emigration period was identified from 11 October 2007 until the last fish departed on 17 January 2008 (Fig. 2). During this period, emigration rates increased such that $50 \%$ of fish had departed by 11 November 2007, but most fish (31\%) dispersed in December. Seven fish were temporary migrants, remaining undetected for 14-154 days after detection at or near the inlet before redetection and final emigration for the season. The mean $( \pm \mathrm{SE})$ residency time for summer flounder in the Wachapreague system was $130 \pm 13$ days, or about 4.3 months (range: 18-223 days).

A total of 17 summer flounder (36\%) returned to the Wachapreague system between 7 February and 7 April 2008 (Fig. 4). Four of these fish were fish that had been censored in 2007, and thus their dispersal dates were unknown. Of the returning fish with known dispersal dates, $58 \%(n=11)$ had dispersed during the emigration period and $29 \%(n=2)$ had dispersed during the residency period. Consequently, the odds of returning to the Wachapreague system were 3.5 times greater if a fish departed during the emigration period than if a fish departed during the residency period (odds ratio=1.4/0.4). Additional fish may have returned to the Wachapreague system but were not detected due to the limited number of receivers in the system from February to July 2008.

The emigration period was characterized by large seasonal variation in water temperature as compared with the residency period $\left(\mathrm{CV}_{\text {residency }}=9.5 \%, \mathrm{CV}_{\text {emigration }}=46 \%\right)$. Photoperiod, however, was characterized by a smooth and almost constant change over time $\left(\mathrm{CV}_{\text {residency }}=7.7 \%, \mathrm{CV}_{\text {emigration }}=5.8 \%\right)$. Emigration from the Wachapreague system appeared to follow more closely the steep decline in temperature rather than the gradual shift in day length (Figs. 5, 6). The multiple linear regression that included both temperature and photoperiod as predictors was significant ( $F=20.3, P<0.05$ ), and
explained $89 \%$ of the variance in monthly dispersals. Mean monthly temperature was significant (Type III SS, $F=6.39, P<0.05$ ), although the addition of photoperiod did not contribute to the significance of the model (Type III SS, $F=0.94, P>0.05$ ). The period of time over which fish returned (3 months, see results below) was inadequate to statistically examine the effect of mean monthly temperature or mean monthly photoperiod on fish returns. Data from the YSI data loggers confirmed that the system was polyhaline $(>28 \%)$ and that [DO] remained above the critical oxygen level $\left(27.2 \%, 1.97 \mathrm{mgO}_{2} \mathrm{l}^{-1}\right)$ for adult summer flounder experiencing typical summer temperatures $\left(22^{\circ} \mathrm{C}\right.$; Capossela, Chapter 2).

The logistic regression relating dispersal probabilities and fish size showed that smaller fish were more likely to emigrate during the emigration period, and this probability is inversely related to fish size $\left(\chi^{2}=8.45, P<0.05\right)$. In other words, larger fish are more likely to leave the system in summer or early fall than are smaller fish. The measure of fit indicated that predicted and observed frequencies were not significantly different ( $\chi^{2}=3.86, P>0.05$ ), thereby making the logistic regression an adequate model. The mean ( $\pm \mathrm{SE}$ ) sizes of fish that emigrated during the residency and dispersal periods were $437 \pm 21 \mathrm{~mm}$ TL and $367 \pm 13 \mathrm{~mm}$ TL, respectively. Again, insufficient return data precluded statistical analysis of fish size and returns.

## Within-Estuary Behaviors

Summer flounder primarily used the upper channels during the residency period, although fish were detected in all habitats over the course of the study (Fig. 7, 8). Fish occupied the upper and lower channels for $78 \%$ and $19 \%$ (respectively) of the total time
that fish were detected in the Wachapreague system (Table 1). With the exception of the single fish released in the tidal flat, all fish were detected in the upper channels, but only $27 \%(n=12)$ of fish that were detected in the upper channels were also detected in the lower channels. This suggests that the majority of fish released in the upper channels $(73 \%, n=32)$ remained in the upper channels near the release site or the inlet until emigration.

The proportion of time and the proportion of fish in the upper channels was significantly greater during the residency period than during the emigration period, (Table 3; $z_{\text {time }}=17.0 P<0.05 ; z_{\text {fish }}=4.22, P<0.05$ ). Use of the lower channels was greatest during the dispersal period, both in terms of proportions of time spent in these habitats and the number of fish detected (Table $1 ; z_{\text {time }}=14.6, P<0.05 ; z_{\text {fish }}=2.62, P<0.05$ ). Most fish ( $85 \%$ ) detected in the lower channels occupied the upper channels for a mean ( $\pm \mathrm{SE}$ ) of $132( \pm 14)$ days before they were detected in the lower channels. Fish detected in both the upper and lower channels had a later mean emigration date (15 November 2007) than fish that did not use the lower channels (24 August 2007).

Summer flounder did not appear to regularly occupy the additional portions of the Wachapreague system monitored by the ray study's receivers. Only $7 \%(n=3)$ of summer flounder were detected by these supplementary receivers, although fish presence may have been underestimated due to the limited coverage and the shorter period of deployment. The mean ( $\pm$ SE) time fish occupied these areas was $6 \pm 4$ days (range: 0.213 days). Similarly, only $4 \%(n=2)$ of summer flounder briefly occupied the tidal flat between October and December 2007 ( $6 \pm 5$ days, range: 1.0-11 days).

Although the inlet region was frequented by summer flounder over the course of the study (Figs. 7, 8), fish spent a smaller proportion of time at the inlet (2\%) than in the upper and lower channels ( $97 \%$; Table 1). The mean ( $\pm$ SE) time at the inlet was $2 \pm 0.6$ days. Not surprisingly, the proportions of time and fish at the inlet were greatest during the emigration period (Table $1 ; z_{\text {time }}=4.85, P<0.05 ; z_{\text {fish }}=2.98, P<0.05 ;$ Fig. 5, 6).

Examination of activity was not possible without a sufficient number of fish present. For this reason, examination of activity was limited to fish occupying the upper channel region (receivers: 23-27, J01-J02), where a majority of the fish resided, during the residency period (8 June - 11 October 2007). Summer flounder in the upper channels were inactive during the residency period, and only five fish moved between receivers more than 10 times (activity index $>10$; Fig. 11). According to the repeated measures generalized linear model, the observed activity did not change significantly by week $\left(\chi^{2}=20.52, P>0.05\right)$, but did change significantly with time of day. The mean activity index was significantly greater during night than day $\left(\chi^{2}=8.52, P<0.05\right)$ and twice as many fish were active during night $(n=12)$ than during day $(n=6)$. Although most activity occurred on flood tide or during slack before ebb, mean activity was only marginally significantly different among tidal stages $\left(\chi^{2}=7.50, P=0.06\right)$. This marginal significance was not associated with differences in mean temperature for a given tidal stage in the upper channels because fish activity did not vary with temperature ( $\chi^{2}=0.02, P>0.05$ ).

## DISCUSSION

## Migratory Behaviors

The observed timing of summer flounder emigration from the Wachapreague system (primarily emigrated from October through January, with the largest number of fish emigrating in December) is consistent with the established seasonal progression of spawning migration from north to south (Smith 1973, Morse 1981, Kraus and Musick 2001, Sackett et al. 2007). Further north in New Jersey, acoustically tagged fish generally emigrate between August and December (Able et al. 1990, Roundtree and Able 1992b, Szedlmayer and Able 1992, Szedlmayer and Able 1993). Fabrizio et al. (2005) reported that $75 \%$ of tagged summer flounder had dispersed from a study site on the inner shelf (near NJ) by mid-September. In contrast, $75 \%$ of tagged fish in the Wachapreague system had not dispersed until early December. Because fish dispersed later from the Wachapreague system, the mean residency time was 1.5 times longer ( 130 days, June January) than those previously reported in New Jersey (86 days, May - December; Sackett et al. 2008). The timing of summer flounder emigration from Wachapreague system most closely matched that reported for nearby Chesapeake Bay (fish primarily emigrated from October through December, with some fish detected in the Bay as late as February; Desfosse 1995, Fabrizio et al. 2007b). However, dispersal rates and residency time in the Bay have not yet been studied.

Previous research has not addressed the fate of summer flounder that emigrated early in the summer (residency period) or that temporarily emigrate. These early or
temporary emigrations are not likely related to offshore spawning. Rather, fish that departed early (including censored fish, which may have dispersed undetected), or those that temporarily emigrated (a behavior also noted by Sackett et al. 2007), may have occupied habitats on the inner continental shelf. However, based on the observation of a single fish that was subsequently detected in Delaware Bay, summer flounder may also move between coastal estuarine systems before establishing residency.

Based on what is known about summer flounder life history, fish that departed during the emigration period were most likely moving offshore to spawn. Furthermore, we also speculate that after spawning fish are more likely to return to the estuary last occupied. Fish that dispersed from the Wachapreague system during the emigration period had significantly greater odds of returning to Wachapreague the following year than fish that had dispersed during the residency period. In addition, it was the larger adults that were more likely to disperse early or temporarily emigrate from the system. Larger fish have been reported to commence spawning migrations earlier than smaller fish (Smith 1973), but my results suggest that emigration behaviors not associated with spawning may be related to the size of the fish.

The percentage of fish returning to the Wachapreague system (36\%) was similar to that reported for northern estuaries ( $25-35 \%$ and $39 \%$ in New York and New Jersey, respectively; Poole 1962, Sackett et al. 2007). Unlike a previous mark-recapture study (Desfosse 1995), returns to the Wachapreague system after April were not detected despite a tag battery life that would have permitted detection through July 2008. However, summer flounder did return to the Wachapreague system as early as February, suggesting that the calculated residency time of 130 days ( 4.3 months) is conservative
and that some fish may actually reside in this system upward of 10 months (FebruaryDecember).

Seasonal changes in temperature strongly influenced the length of residency in the Wachapreague system due to the close association observed between the seasonal decline in temperature and the increase in emigration rates. Photoperiod, in contrast, did not appear to influence dispersal rates as much as temperature. However, spawning migration begins near the peak of summer flounder gonadal development (Smith 1973), and both temperature and photoperiod are known to cue seasonal gonad maturation in teleosts (Crim 1982). The exact role of photoperiod and temperature (or the interaction between these factors) in cuing summer flounder spawning migrations is unknown, but other factors such as prey availability may be important as well.

## Within-Estuary Behaviors

The distribution of summer flounder in the Wachapreague system was comparable to that observed in Great Bay, NJ (Sackett et al. 2008); in both studies, adult summer flounder were primarily detected in the deeper areas near the inlet. Fish rarely occupied regions farther from the inlet that are characterized by finer sediment, lower current velocities, and shallower depths. Even though supplementary coverage of areas monitored by the ray study was conducted with a small number of receivers over a shorter time, the strong presence of fish in the upper channels negates the possibility that many fish used these areas undetected.

Substrate, current, prey availability and depth all potentially influenced the observed within-lagoon distribution of individual fish. Adult summer flounder prefer
hard, sandy substrate in which they can easily bury (Bigelow and Schroeder 1953, Schwartz 1964, Powell and Schwartz 1977). In small lagoon systems, the sandier substrate is found in high velocity waters, such as those in channels nearest the inlet, whereas tidal flats are generally characterized by finer grained (i.e., mud) substrate. Also, fishes and crustaceans comprise a large portion of the adult summer flounder diet (Packer et al. 1999, Latour et al. 2008), and higher current velocities may deliver more potential prey species into an area per unit time. Summer flounder may also prefer deeper areas, like those in the channel and inlet regions, which are more likely to exhibit stable environmental conditions (Sackett et al. 2008). The Wachapreague system is considered to be relatively well-mixed, but rapid fluctuations in environmental conditions (i.e., hypoxia, high temperatures) possibly occurred undetected during the summer in shallower areas, like the tidal flat (Shen et al. 2008, Tyler et al. 2009). Summer flounder occupied the tidal flat only from October to December, suggesting that the shallow waters of the tidal flat may have been too warm for fish to frequent them in the summer months. All monitored habitats were polyhaline (salinity $>28 \%$ ), therefore salinity preferences of summer flounder could not be examined as was previously done (Able and Kaiser 1994, Sackett et al. 2008).

Once summer flounder assume residency in an estuary, they have been described as becoming sedentary and making only minor movements until the fall emigration (Desfosse 1995). This behavior characterized fish in the Wachapreague system that resided primarily in the upper channels. Larger-scale movements (100s of meters) between receivers were only rarely observed. However, fish could have been active at smaller scales (< 100s of meters). Active tracking of summer flounder in a NJ estuary
revealed that fish remained within small areas $\left(0.18 \mathrm{~km}^{2}\right)$ but were in motion for most of the observed time within these areas (Sackett et al. 2008).

I did not observe significant effects of temperature or tidal stage on large-scale fish activity in the upper channels during the residency period. Unlike age-0 summer flounder that use tidal currents to reduce energy costs while feeding in tidal creeks (Szedlmayer and Able 1993), and other flatfish that use high tide to access prey in shallow tidal flats (Wirjoatmodjo and Pitcher 1984), the fish in the Wachapreague system primarily resided in deeper areas. In these high current regions fish may have an ample supply of prey and may not need to modify activity or use energetically beneficial tidal conditions. Sackett et al. (2008) also found that small-scale movement of summer flounder in deeper waters was not related to tidal currents or temperature. Rather, they attributed small-scale adult summer flounder activity to feeding, competition or territorial behaviors. Fish activity was significantly greater at night than during the day in the upper channels during the residency period. A feeding behavior study conducted in the laboratory suggested that summer flounder were more active during the day (Olla et al. 1972), but activity was considered on a much smaller scale (in $10.6 \times 4.5 \times 3.0 \mathrm{~m}$ seawater tank). Similar large-scale (200-400 m) activity of summer flounder in the Chesapeake Bay was also greatest at night (Fabrizio et al. 2007b). However, a recent study of the visual system of flounder (Horodysky et al. In press) suggest that their visual system is not particularly effective at very low light levels and thereby may limit prey capture at night.

In contrast to the majority of inactive fish that primarily resided in the upper channels, a distinct group of transient fish $(n=12)$ used the lower channels. This use of
the lower channels increased as the study period progressed and these transient fish had a later mean dispersal date than fish that avoided the lower channels. Fabrizio et al. (2007b) observed some summer flounder in the lower Chesapeake Bay remained in the same area for long periods of time but others traveled greater distances, possibly in search of optimal habitats for foraging and refuge. The transient fish in the Wachapreague system may have moved into other potentially less favored habitats (e.g., lower channels, tidal flat) to avoid fitness reductions in response to resource limitation in the upper channels. This coexistence of behavioral types (transients and residents) has been noted in other species and is postulated to result in approximately equal fitness among individuals (Bolnick et al. 2003, Kobler et al. 2009)

Identifying differences in behaviors within a population are one of the benefits of using acoustic telemetry to monitor individual fish movements. This study confirms that even though summer flounder life history and migration dynamics are well-described, individual fish are not uniform in their use of estuaries during summer residencies throughout the MAB region. For a majority of summer flounder, it appears to be bioenergetically advantageous for fish to reside in deeper, stable waters within an estuary until undertaking their spawning migration. However, some fish are more active (100s of meters) within a system, and larger adults potentially make use of multiple coastal systems before migrating offshore to spawn, making summer flounder differentially vulnerable to estuarine conditions, predation and human impacts. Further establishment of a network of strategic acoustic monitoring stations along MAB estuaries and the continental shelf would enable monitoring of fish in these habitats and could help clarify the fate of early dispersals or temporary migrants (Grothues 2005, Able and Grothues
2007). Similarly, studies combining prey distribution and availability with acoustic monitoring may help explain observed distributions and why some fish appear to be more active than others.

Finally, summer flounder exhibited longer residence times in this southern MAB lagoon than those previously reported for summer flounder in the northern MAB, which appears to be related to seasonal temperature variation, but may also be associated with favorable conditions within this well-mixed system. The long residence times and high percentage of returning adults to this Eastern Shore lagoon, along with the already confirmed use of these areas as nursery grounds, make local conditions important to population success. These lagoons are currently only moderately impacted by anthropogenic sources (Giordano 2009), but in general coastal lagoons are more susceptible to changes in land use and nutrient enrichment than river-dominated estuaries (Boynton et al. 1996, McGlathery et al. 2001). A continued understanding of summer flounder preferences and behaviors in estuaries along their range of distribution is essential for protecting habitat necessary for promoting year-class strength and spawning success.

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Table 1. Summer flounder use of the Wachapreague system, VA. The proportion of time fish spent in each region (upper channels, lower channels and inlet) by month, period (residency and emigration) and overall (from 8 June 2007 - 17 January 2008). Also presented is the proportion of fish found in each region by month, period, and overall. The residency period was from 8 June to 10 October 2007 and the emigration period was from 11 October 2007 to 17 January 2008. Tidal flat and supplementary channel use was not included due to low fish presence in these areas,

|  |  | Proportion of <br> Time <br> Lower |  |  |  | Upper <br> Channels | Inlet |
| :--- | :--- | :--- | :---: | :---: | :---: | :---: | :---: |

Figure 1. Eastern Shore lagoon system near Wachapreague, VA in the southern midAtlantic Bight, indicating locations of acoustic receivers, and YSI loggers. HOBO temperature loggers were attached to receiver moorings at receiver $2,4,9,13,17,20$ and 22. Regions specified in the text are as follows: Wachapreague Inlet = receivers 21-22, J14; Upper Channels $=19-20,23-27$, J01-J02, J07; Lower Channels $=1-18 ;$ Tidal Flat $=$ 11-15. Receivers J03, J05-J09, J11 and J12 from the independent study provided supplementary data about use of the upper channels.


Figure 2. Dispersal rates of summer flounder from the Wachapreague system, VA, based on the Kaplan-Meier estimator (solid line) with $95 \%$ CI intervals (dotted line). Dispersal rates are expressed as the probability of residency (i.e., probability of fish not dispersing). Fish were tagged on 22 May 2007 and emigration was monitored from 8 June 2007 (week 1) until the last fish emigrated on 17 January 2008 (week 32). Dispersal rates changed significantly at week 18 (11 October 2007). The time before the change-point was considered the 'residency period,' a time during which most fish were found within the system. The time after the change-point was considered the 'emigration period,' during which most fish were observed departing from the Wachapreague system.


Figure 3. Proportion of summer flounder that dispersed (black) or were censored (gray) each month ( $\mathrm{n}=45$ fish). Fish that did not disperse at the inlet had unknown fates and were excluded (censored) from the number of fish present in the system after the week during which they were last detected. Note that sample sizes for each month were 45 (Jun), 31 (Jul), 30 (Aug), 25 (Sep), 23 (Oct), 16 (Nov), 10 Dec, and 2 (Jan).


Figure 4. Return rates of summer flounder to the Wachapreague system based on the Kaplan-Meier estimator (solid line) with 95\% CI intervals (dotted line). Return rates are expressed as the probability of residency. Immigration of acoustically tagged fish was monitored from 18 January 2008 (week 33) until the last detected immigration on 7 April 2008 (week 43).


Figure 5. Dispersal (blue line) and return (orange line) rates of summer flounder in the Wachapreague system, VA based on the Kaplan-Meier estimate. Mean daily temperature $\left({ }^{\circ} \mathrm{C}\right.$; gray line) is also plotted. Mean daily temperature was calculated from temperature logger data. Confidence intervals were omitted for clarity.


Figure 6. Dispersal (blue line) and return (orange line) rates of summer flounder in the Wachapreague system, VA based on the Kaplan-Meier estimate. Photoperiod (day length in hours; gray line) is also plotted. Photoperiod for each day in the study was acquired from tide prediction software (Jtides, www.arachnoid.com/JTides). Confidence intervals were omitted for clarity.


Figure 7. Monthly proportion of known summer fish in the upper channels (black), lower channels (gray) and inlet (white). The proportion of fish occupying a region was determined as the ratio of the number of individual fish identified in that region to the number of fish detected in the system that month. The sum of the proportions of fish in each region for a given month could exceed one because a single fish could occupy more than one region in any given month.


Figure 8. Monthly proportion of time summer fish occupied the upper channels (black), lower channels (gray) and inlet (white). For a given month, the proportion of time individual fish occupied each region was calculated as the ratio of the amount of time a fish resided in a region to the total time it was detected that month, with proportions for a month adding to one.


Figure 9. Activity of individual summer flounder (Fish ID $=4184-4233$ ) in the Wachapreague system, VA, during the residency period (8 June to 10 October 2007) in the upper channel region. The activity index represents the total number of times a fish moved between receivers during the residency period (8 June to 10 October 2007). A fish was assigned an activity index value of 1 for each arrival at a new receiver. An activity index of 0 indicated that a fish was detected at a receiver, but did not move between receivers.


Fish ID

## CHAPTER 2

## METABOLIC AND CARDIORESPIRATORY RESPONSES OF SUMMER FLOUNDER TO HYPOXIA AT TWO TEMPERATURES


#### Abstract

This study provides a metabolic framework for understanding how summer flounder (Paralichthys dentatus) are affected by increasing anthropogenic alterations to coastal waters, specifically hypoxia. Stopflow respirometry was used to measure changes in resting metabolic rate, gill ventilation, oxygen extraction and heart rate during progressive hypoxia at an acclimation temperature $\left(22^{\circ} \mathrm{C}\right)$ and after an acute temperature increase (to $30^{\circ} \mathrm{C}$ ). The mean ( $\pm \mathrm{SE}$ ) critical oxygen saturation (i.e., the oxygen saturation after which fish could no longer maintain aerobic metabolism) increased significantly from $27 \% \pm 0.02$ at $22^{\circ} \mathrm{C}$ to $39 \% \pm 0.02$ at $30^{\circ} \mathrm{C}$, suggesting a lower tolerance to hypoxia after exposure to an acute increase in temperature. Gill ventilation in normoxia was 0.13 $\pm 0.01$ and $0.37 \pm 0.021 \mathrm{~kg}^{-1} \mathrm{~min}^{-1}$ at $22^{\circ} \mathrm{C}$ and $30^{\circ} \mathrm{C}$ (acute) and increased immediately with onset of hypoxia, reaching $0.81 \pm 0.05$ and $1.00 \pm 0.081 \mathrm{~kg}^{-1} \mathrm{~min}^{-1}$ (at 22 and $30^{\circ} \mathrm{C}$ ) at the lowest oxygen levels tested. Oxygen extraction in normoxia was $86.7 \pm 0.02$ and $80.2 \pm 0.02 \%$ (at 22 and $30^{\circ} \mathrm{C}$ ) and likewise decreased immediately with onset of hypoxia, reaching $50.1 \pm 0.05$ and $54.8 \pm 0.02 \%$ (at 22 and $30^{\circ} \mathrm{C}$ ) at the lowest oxygen levels tested. Extraction was linearly related to gill ventilation at both temperatures, implying that the increase in gill ventilation, rather than the decrease in ambient oxygen concentrations, was primarily responsible for the decrease in oxygen extraction. At normoxia, mean heart rates were $46.4 \pm 5.26$ and $79.7 \pm 1.65$ beats $\mathrm{min}^{-1}$ (at 22 and $30^{\circ} \mathrm{C}$ ), but significant bradycardia was not observed until oxygen levels decreased to levels below critical oxygen saturation. Due to their ability to effectively increase gill ventilation while maintaining oxygen extraction above $50 \%$, summer flounder are among the more hypoxia-tolerant flatfish species studied to date.


## INTRODUCTION

Estuaries and lagoons of the U.S. east coast serve as important nursery and feeding grounds for numerous fish species, including summer flounder, Paralichthys dentatus (L.). This ecologically and economically valuable flatfish resides primarily in mid-Atlantic Bight (MAB) estuaries in the spring and summer before migrating offshore to spawn over the continental shelf in the fall and winter (Bigelow and Schroeder 1953, Smith and Daiber 1977). It is during their estuarine residence that fish are most likely to encounter hypoxic events, and these events are increasing in frequency and duration worldwide due to increasing coastal eutrophication and directional climate change (Diaz 2001, Diaz and Brietburg 2009). For example, Chesapeake Bay, commonly used by summer flounder during the summer, has experienced more widespread and severe hypoxic events since the 1960s than previously recorded (Hagy et al. 2004). As benthic fish, summer flounder may experience hypoxia in deeper estuaries like Chesapeake Bay, when water column stratification and a high supply of organic matter coincide. In addition, fish may experience diel-cycling hypoxia caused by algal respiration in shallow estuaries or lagoons (Shen et al. 2008, Tyler et al. 2009, Stierhoff et al. 2009).

Fish generally depend on aerobic respiration to meet metabolic requirements. As a result, oxygen acts as a limiting factor constraining activity due to a reduction in aerobic scope (the metabolic confines within which all aerobic activities must be undertaken; Claireaux and Lefrançois 2007). Fish may avoid hypoxic areas by altering their movement or distribution, but such movements may increase energy expenditure and the
risk of predation, or decrease food availability (Kramer 1987). If fish remain in hypoxic areas, they must make physiological adjustments to fulfill oxygen requirements. Most teleosts act as oxygen-regulators, maintaining oxygen consumption (i.e., metabolic rate) during hypoxia by regulating respiratory parameters and cardiac function (Perry et al. 2009, Gamperl and Driedzic 2009). However, at critical oxygen saturation, the cardiorespiratory system can no longer maintain sufficient oxygen delivery and fish must resort to anaerobic metabolism. Obviously, with few exceptions, fish cannot survive for extended periods at oxygen levels below the critical oxygen saturation.

Water temperature also affects the metabolic requirements of fish and may significantly influence fish regulatory responses to hypoxia and critical oxygen saturation. Temperature acts as a controlling factor, governing reactions involved in metabolism. In addition, higher temperatures elevate oxygen requirements while decreasing oxygen solubility and thus place further constraints on aerobic scope (Pörtner and Knust 2007). This is especially true if an acute rise in temperature accompanies a hypoxic event. Fish exposed to acute increases in temperature have higher metabolic requirements than those that are acclimated (Duthie and Houlihan 1982), and these higher metabolic requirements may limit regulatory capabilities during hypoxia. Conversely, fish in hypoxic conditions often succumb to high temperatures that are not lethal in welloxygenated water (Brett 1956).

Because environmental influences (i.e., hypoxia, temperature) on fish activity are mediated primarily through aerobic metabolism, understanding the metabolic responses of fish to such influences is useful (Claireaux and Lefrançois 2007, Pörtner and Knust 2007, Chabot and Claireaux 2008). Therefore, assessing basic metabolic requirements,
critical oxygen saturation, and the concomitant cardiorespiratory adjustments occurring as critical oxygen saturation is approached, is necessary for understanding hypoxia tolerance and thus, the effects of hypoxia on fish movement and distribution. Metabolic and regulatory responses to hypoxia have been examined in other flatfish species and are known to vary according to species-specific physiological characteristics (e.g., gill surface area, cardiac anatomy, blood oxygen affinity). These responses also vary according to the extent or frequency of hypoxic episodes experienced in the wild, with species that are more hypoxia-tolerant able to inhabit areas prone to hypoxia (Steffensen et al. 1982).

Previous laboratory studies primarily described the effects of hypoxia and temperature on juvenile summer flounder growth, feeding rates, avoidance and survival (e.g., Tyler 2004, Necaise et al. 2005, Stierhoff et al. 2006), but little to no information is available regarding summer flounder metabolic requirements (Klein-MacPhee 1979) or cardiorespiratory responses to hypoxia. In general, flatfishes have low metabolic rates, reflective of a sedentary lifestyle. Most flatfishes act as oxygen regulators, but some act as oxygen-conformers, (metabolic rate declining with progressive hypoxia; Steffensen et al. 1982). To understand how summer flounder metabolism is affected by hypoxia, I investigated the metabolic requirements, critical oxygen saturation and regulatory responses to hypoxia and elevated temperature. I specifically measured the effects of hypoxia on resting metabolic rate $\left(\dot{V} o_{2}\right)$, gill ventilation $\left(\dot{V}_{g}\right)$, oxygen extraction $\left(E o_{2}\right)$ and heart rate $\left(f_{H}\right)$ of summer flounder at a normal acclimation temperature and after an acute rise in temperature.

## METHODS

## Experimental Protocol

All experiments were conducted at the Virginia Institute of Marine Science Eastern Shore Laboratory (Wachapreague, VA) from June through August 2008. Summer flounder (214-924 g) were captured using hook and line from the tidal lagoons near Wachapreague Inlet and maintained in a closed system tank at an acclimation temperature of $22^{\circ} \mathrm{C}( \pm 2)$ and $30-34 \%$ salinity. Fish were held in captivity for at least two weeks and fasted for at least 36 hours prior to use in an experiment.

Individuals were anesthetized in seawater containing $6 \mathrm{mg} \mathrm{l}^{-1}$ benzocaine (ethyl-paminobenzoate) until they did not respond when gently lifted by the caudal peduncle. Anesthetized fish were placed on a surgery table and the gills continuously irrigated with seawater containing anesthetic. A polyethylene cannula (I.D. 0.86 mm, O.D. 1.27 mm ) was inserted through the cleithrum near the gills and used to sample exhalent water (Saunders 1961, Saunders 1962, Randall et al. 1967), and electrocardiogram (EKG) wire leads were placed subcutaneously near the heart. Fish were then moved to a 22.51 respirometer (constructed of 9.5 mm thick acrylic) and allowed to recover overnight at normoxia and $22^{\circ} \mathrm{C}$. A layer of sand on the bottom of the respirometer allowed the fish to bury. The respirometer was also covered with black plastic to reduce visual disturbance.

Hypoxia trials were conducted at the fishes' acclimation temperature $\left(22^{\circ} \mathrm{C}, n=9\right)$ and after an acute increase in temperature to $30^{\circ} \mathrm{C}(n=9)$. In the latter case, fish were allowed to recover in the respirometer overnight at $22^{\circ} \mathrm{C}$ before the temperature was
increased to $30^{\circ} \mathrm{C}$ (over approximately 2 hours). Hypoxia trials commenced once metabolic rate had stabilized after the temperature change (over approximately 3 hours). Data were collected during normoxia (oxygen levels $>85 \%$ oxygen saturation), and after stepwise reductions in oxygen to $75,50,30$ and $20 \%$ saturation. Approximately 30 minutes was needed to achieve each stepwise decline in oxygen saturation. Experiments at $30^{\circ} \mathrm{C}$ were terminated at $30 \%$ saturation to avoid overly stressing the fish. Once the experiment was complete, oxygen levels were returned to normoxia and fish were allowed to recuperate in the respirometer overnight. Instrumentation was subsequently removed, and fish were held for a minimum of 22 days before being returned to the tidal lagoons from which they were captured.

Stopflow respirometry (Steffensen 1989) was used to determine the resting metabolic rate ( $\dot{V} o_{2}$ in $\mathrm{mgO}_{2} \mathrm{~kg}^{-1} \mathrm{~h}^{-1}$ ), which is the oxygen consumption of quiescent, post-absorptive (fasted) fish exhibiting low levels of spontaneous activity (Jobling 1993). In this method, the respirometer is submerged in an outer water bath, and the intermittent flushing of the respirometer with outer bath water eliminated the washout effect common to flow-through respirometry and the effects of the accumulation of waste products common to static-system respirometry (Steffensen 1989). Oxygen levels in the outer water bath were controlled via an oxygen stripping column bubbled with air (during normoxia) or nitrogen (during hypoxia). These oxygen levels were monitored, and the flow of nitrogen to the stripping column controlled, with an oxygen meter (Oxy-Reg OX10000, Loligo Systems, Tjele, Denmark), and water temperature was controlled with a chiller and immersion heaters. Oxygen levels in the respirometer were monitored with an oxygen meter (WTW Oxi 3150, Global Water Instrumentation, Gold River, CA, USA)
and controlled by the computer-driven flushing of the respirometer with outer bath water at set intervals using a small pump submerged in the outer bath. When flushing ceased, the respirometer was closed to the outer bath water. Water within the respirometer was continually mixed with a submerged recirculating pump.

The partial pressure of oxygen $\left(\mathrm{PO}_{2}\right)$ and water temperature were continuously measured in the respirometer and recorded with an automated data acquisition system and custom-designed software developed in Dasylab 7.0 (National Instruments Inc., Austin, TX, USA) which interfaced with a series of macros executed in QuattroPro 11.0 (Corel Inc., Mountain View, CA, USA). $\mathrm{PO}_{2}$ values were converted to oxygen content $\left(\mathrm{mgO}_{2} \mathrm{l}^{-}\right.$ ${ }^{1}$ ) and oxygen saturation (\%) using standard equations (following Richards 1965) within the Dasylab software routines. Resting metabolic rate, $\dot{V} o_{2}\left(\mathrm{mgO}_{2} \mathrm{~kg}^{-1} \mathrm{~h}^{-1}\right)$, was calculated over approximately10-minutes intervals (when the flush pump was turned off) using the following equation:

$$
\begin{equation*}
\dot{V} o_{2}=\Delta C_{w} O_{2} \times \Delta t^{-1} \times V_{\text {resp }} \times M^{-1} \tag{1}
\end{equation*}
$$

where $\Delta C_{w} O_{2}$ is the rate of change in water oxygen content, $\Delta t$ is the length of the time interval over which $\dot{V} o_{2}$ was measured (h), $V_{\text {resp }}$ is the volume (l) of the respirometer adjusted for fish volume, and $M$ is the mass of the fish (kg).

Oxygen extraction ( $E o_{2}$ in \%) was calculated during closed-respirometer intervals as:

$$
\begin{equation*}
E o_{2}=\left(S_{I}-S_{E}\right) /\left(S_{I}\right) \tag{2}
\end{equation*}
$$

where $S_{I}$ is the oxygen content of the water in the respirometer (i.e., inhalant water) and $\mathrm{S}_{\mathrm{E}}$ is the oxygen content of the exhalent water. $\mathrm{EO}_{2}$ was measured every 2-3 seconds and
a mean $E o_{2}$ was calculated at each oxygen level from exhalent water drawn over a fiberoptic oxygen electrode (Microx TX3, Presens, Regensburg, Germany); exhalent water was pumped back into the respirometer using a roller pump. $E o_{2}$ values for a given oxygen saturation level were averaged, resulting in one mean $E o_{2}$ value per oxygen saturation level (including normoxia).

Gill ventilation ( $\dot{V}_{g}$ in $1 \mathrm{~kg}^{-1} \mathrm{~min}^{-1}$ ) was calculated from the calculated resting metabolic rate and oxygen extraction data using:

$$
\begin{equation*}
\dot{V}_{g}=\dot{V} o_{2} / E o_{2} \tag{3}
\end{equation*}
$$

As before, a mean $\dot{V}_{g}$ value was calculated for each stepwise oxygen saturation level.

Calculations for $\dot{V}_{g}$ were made under the assumption that extrabranchial uptake of oxygen (cutaneous respiration) was insignificant.

Heart rate, ( $f_{H}$ in beats $\min ^{-1}$ ) was calculated from the EKG signal, which was amplified using a DAM50 amplifier (World Precision Instruments, Sarasota, FL, USA). Heart rates were recorded continuously during closed-respirometer intervals, and were highly variable. Therefore, instead of calculating a mean heart rate for each interval as before, individual heart rates for a given oxygen saturation were plotted as a frequency histogram and a Gaussian four-parameter model was fit to the heart rate data to estimate the most frequent heart rate at each oxygen level using Sigma Plot (9.0, SYSTAT Software, Inc., San Jose, CA, USA).

For each response, the differences in measured and calculated values of the response between $22^{\circ} \mathrm{C}$ and $30^{\circ} \mathrm{C}$ (acute) at normoxia were quantified as $\mathrm{Q}_{10}$ values to
permit comparison among similar studies. $\mathrm{Q}_{10}$ is the factor by which a response changes for a rise in $10^{\circ} \mathrm{C}$ :

$$
\begin{equation*}
Q_{10}=\left(X_{T 2} / X_{T 1}\right)^{10 /(T 2-T 1)} \tag{4}
\end{equation*}
$$

where $X_{T 1}$ and $X_{T 2}$ are the values at temperature $\mathrm{T} 1\left(22^{\circ} \mathrm{C}\right)$ and $\mathrm{T} 2\left(30^{\circ} \mathrm{C}\right)$.

## Statistical Analysis

I tested the effect of oxygen saturation and temperature on the mean of each response using a two-way repeated measures analysis of variance (ANOVA; MIXED procedure in SAS, SAS Institute Inc., Cary, NC). Multiple measurements on individual fish over time (i.e., stepwise oxygen levels) can violate the assumption of independence in an ANOVA, and a repeated measures model allows the selection of the proper covariance matrix to describe the relationship between consecutive measurements from the same subject (Littell et al. 2006). The statistical model fit to the data was:

$$
\begin{equation*}
Y_{i j}=\mu+\alpha_{i}+\beta_{j}+\left(\alpha^{*} \beta\right)_{i j}+\varepsilon_{i j} \tag{5}
\end{equation*}
$$

where $Y_{i j}$ is the response $\left(\dot{V} o_{2}, \dot{V}_{g}, E o_{2}\right.$ or $\left.f_{H}\right), \alpha_{i}$ is the effect of the $i^{t h}$ oxygen saturation level, $\beta_{j}$ is the effect of the $j^{\text {th }}$ temperature level, $\alpha^{*} \beta$ is the interaction between the $i^{\text {th }}$ oxygen saturation level and the $j^{\text {th }}$ temperature, and $\varepsilon$ is the random error associated with each observation. The Akaike's Information Criterion value for small sample sizes (AICc) was used to identify the correlation matrix that best described the covariance structure for a given response. The first-order autoregressive model best described the covariance structure of the $V o_{2}, E o_{2}$ and $f_{H}$ responses, and the heterogeneous compound symmetry model best described the covariance structure of the $V_{g}$ response. Oxygen
saturation level (normoxia, 70, 50, 30 and $20 \%$ ) and temperature ( 22 and $30^{\circ} \mathrm{C}$ ) were considered fixed factors in the model, as was the interaction between these two factors. Resting metabolic rate data were log-transformed to improve homogeneity of variance, a necessary assumption of ANOVA.

Because responses were not measured at $20 \%$ saturation for experiments at $30^{\circ} \mathrm{C}$, the experimental design was unbalanced. As a result, two-way ANOV A could not be used to estimate the oxygen saturation level at which the mean response differed from the mean response at normoxia. I therefore used one-way ANOVA to examine the mean effects associated with oxygen saturation levels at each temperature separately. A priori contrast statements were constructed to test for differences in mean responses at normoxia versus varying levels of oxygen saturation.

The critical oxygen saturation $\left(\mathrm{S}_{\text {crit }}\right)$ is defined as the oxygen saturation after which fish can no longer maintain aerobic metabolism. My study used a more objective approach to calculate $S_{\text {crit }}$ than has been used previously (e.g., Fernandes et al. 1995). For each experiment, a piecewise linear regression was fit to the data using non-linear leastsquare estimation (NLIN procedure in SAS; e.g., Fig. 1). A piecewise linear regression fits multiple linear models to data that exhibit different linear relationships between the response and the explanatory variable over the range of values observed for the explanatory variable; these models objectively determine the point where the relationship changes by minimizing the overall residual error (e.g., Ryan et al. 2002). For $22^{\circ} \mathrm{C}$ experiments, the slope of the line for $\dot{V} o_{2}$ values greater than $\mathrm{S}_{\text {crit }}$ was set to 0 because the corresponding slope parameter estimates did not differ from 0 (based on the $95 \% \mathrm{CI}$ for the slope parameter). For all experiments, if the model did not converge, model
parameters could not be estimated and that particular experiment was excluded from the $\mathrm{S}_{\text {crit }}$ analysis.

A $t$-test was used to test for a difference in mean $\mathrm{S}_{\text {crit }}$ at 22 and $30^{\circ} \mathrm{C}$. Similarly, a $t$-test was used to determine if the change in each response at normoxia after experiencing an acute rise in temperature from 22 to $30^{\circ} \mathrm{C}$ was significant. For all statistics, significance was determined at $\alpha=0.05$. All response values are reported as mean $\pm$ one standard error (SE).

## RESULTS

## Responses to Acute Temperature Change during Normoxia

Resting metabolic rate $\left(\dot{V} o_{2}\right)$, gill ventilation $\left(\dot{V}_{g}\right)$ and heart rate $\left(f_{H}\right)$ increased significantly, and oxygen extraction $\left(E o_{2}\right)$ decreased significantly from mean values observed during normoxia when temperature was increased to $30^{\circ} \mathrm{C}$ (Table 1). The $\mathrm{Q}_{10}$ effect of acute temperature increase from 22 to $30^{\circ} \mathrm{C}$ on $V o_{2}, E o_{2}, V_{g}, f_{H}$ at normoxia was $2.5,0.91,3.7$ and 2.0 , respectively.

## Responses to Hypoxia at Two Temperatures

Summer flounder acted as oxygen regulators (i.e., maintained oxygen consumption until $\mathrm{S}_{\text {crit }}$ ) at $22^{\circ} \mathrm{C}$ and after an acute increase in temperature to $30^{\circ} \mathrm{C}$. Overall oxygen saturation and temperature effects could not be assessed for mean $\dot{V} o_{2}$ because the interaction between oxygen saturation and temperature was significant (twoway ANOVA, $F=18.8, P<0.05)$. However, examination of responses for each temperature level separately revealed that mean $V o_{2}$ remained unchanged until 20\% saturation at $22^{\circ} \mathrm{C}$ and $30 \%$ saturation at $30^{\circ} \mathrm{C}$ (Fig. 2). The calculated mean $\mathrm{S}_{\text {crit }}$ for fish at 22 and $30^{\circ} \mathrm{C}$ was $27.2 \% \pm 0.02\left(1.97 \mathrm{mg} \mathrm{O}_{2} \mathrm{l}^{-1}\right)$ and $39.0 \% \pm 0.02\left(2.45 \mathrm{mg} \mathrm{O}_{2} \mathrm{l}^{-1}\right)$. This increase in mean $\mathrm{S}_{\text {crit }}$ with increasing temperature was significant (Table 1).

Similar to $\dot{V} o_{2}$, overall oxygen saturation and temperature effects could not be assessed for mean $V_{g}$ because of a significant interaction between oxygen saturation and temperature (two-way ANOVA, $F=12.4, P<0.05$ ). However, at both 22 and $30^{\circ} \mathrm{C}$, a significant increase in mean $V_{g}$ was apparent immediately ( $70 \%$ oxygen saturation; Fig. 3). At the lowest hypoxic levels tested, mean $V_{g}$ increased 6.3-fold from normoxia at $22^{\circ} \mathrm{C}$, and 2.7 -fold from normoxia at $30^{\circ} \mathrm{C}$.

Both oxygen saturation and temperature had significant effects on the mean $E o_{2}$ (two-way ANOVA, oxygen saturation: $F=41.5, P<0.05$; temperature: $F=4.54, P<0.05$; interaction effect was not significant). $E o_{2}$ was highest during normoxia ( $>80 \%$ saturation at both temperatures). At both 22 and $30^{\circ} \mathrm{C}$, a significant decrease in mean $E o_{2}$ was apparent at $70 \%$ oxygen saturation (Fig. 4). At the lowest oxygen saturation levels tested, mean $E o_{2}$ decreased 1.7-fold from normoxia at $22^{\circ} \mathrm{C}$, and 1.5 -fold from normoxia at $30^{\circ} \mathrm{C}$; however, fish were able to extract greater than $50 \%$ of available oxygen at the lowest oxygen saturation tested. $E O_{2}$ was a linear function of $V_{g}$ (Fig. 5), implying that hypoxia per se does not affect extraction, but rather $E o_{2}$ decreases due to the increase in $V_{g}$ in response to hypoxia.

As observed with $E o_{2}$, both oxygen saturation and temperature significantly affected mean $f_{H}$ (2-way ANOVA, oxygen saturation: $F=5.68 P<0.05$, temperature: $F=33.5, P<0.05$; interaction effect was not significant). However, mean $f_{H}$ was not
significantly different from normoxic values until $20 \%$ saturation at $22^{\circ} \mathrm{C}$ and $30 \%$ saturation at $30^{\circ} \mathrm{C}$ (Fig. 6).

## DISCUSSION

## Normoxic Responses at Two Temperatures

The mean resting metabolic rate of summer flounder was similar to that of other flatfishes at normoxia (Table 1) and may reflect the relatively sedentary lifestyle of this group of fish. Metabolic requirements of benthic flatfishes are often much lower than the requirements of species with more active lifestyles (e.g., rainbow trout; Table 1). Mean gill ventilation and heart rate for summer flounder were also similar to those reported for other flatfishes, but oxygen extraction was on the higher end of the known flatfish range, resembling that of carp (Table 1).

An acute increase in temperature resulted in changes in mean resting metabolic rate, gill ventilation, oxygen extraction and heart rate during normoxia that are typical of responses observed in teleosts (Rantin et al. 2007). The largest compensatory response was a 2.8-fold increase in mean gill ventilation $\left(\mathrm{Q}_{10}=3.7\right)$ similar to the 3-fold increase exhibited by starry flounder (Platichthys stellatus) exposed to a temperature change from 15 to $20^{\circ} \mathrm{C}$ (Watters and Smith 1973). The increase in mean gill ventilation is presumably required to meet the temperature-induced increase in resting metabolic rate $\left(\mathrm{Q}_{10}=2.5\right)$ in an environment with lower oxygen solubility. The observed increase in mean resting metabolic rate can be attributed to increased metabolic requirements at higher temperatures or a stress ('excitement') response to the acute change in temperature to which fish were exposed in the lab. Duthie and Houlihan (1982) observed a large increase in mean metabolic rate $\left(\mathrm{Q}_{10}=3.9\right)$ in European flounder (Platichthys flesus)
exposed to an acute rise in temperature from 5 to $15^{\circ} \mathrm{C}$. Over 20 hours, however, mean metabolic rate declined to that observed in European flounder acclimated at $15^{\circ} \mathrm{C}$, implying either metabolic compensation or recovery from 'excitement metabolism.' Continued exposure of summer flounder to $30^{\circ} \mathrm{C}$ may have resulted in a similar response.

Summer flounder showed a 1.7-fold increase in heart rate $\left(\mathrm{Q}_{10}=2.0\right)$ which, along with an increase in cardiac output, is known to assist with blood oxygen transport during acute exposure to higher temperatures (Stevens et al. 1972, Heath and Hughes 1973). Cardiac output was not measured in my study, but in another flatfish (winter flounder, Pseudopleuronectes americanus) heart rate increased $\left(\mathrm{Q}_{10}=2.4\right)$ with an acute rise in temperature $\left(15-20^{\circ} \mathrm{C}\right.$; Cech et al. 1976). Oxygen extraction in teleosts is generally not largely affected by changes in temperature during normoxia (Rantin et al. 2007), and results from my study support this general trend. Even though summer flounder exhibited a significant decrease in mean oxygen extraction after an acute temperature change, this decrease was small $\left(\mathrm{Q}_{10}=0.91\right)$ and may not have been biologically significant. An accentuated reduction in $\mathrm{Eo}_{2}$ at higher temperatures during hypoxia was also not observed in summer flounder, as has been reported for tilapia (Oreochrornis niloticus; Fernandes and Rantin 1989). In tilapia, oxygen extraction in hypoxia decreased from $53 \%$ at $20^{\circ} \mathrm{C}$ to $35 \%$ at $35^{\circ} \mathrm{C}$ (Fernandes and Rantin 1989).

## Responses to Hypoxia at Two Temperatures

The predominant and most immediate response of summer flounder to hypoxia was an increase in gill ventilation, a common strategy shared by other water-breathing fishes (Randall 1982). In general, fish appear to maintain as high a partial pressure of
oxygen in the arterial blood as possible, and increasing gill ventilation promotes branchial oxygen transfer by bringing more oxygen in contact with the gills and by minimizing the mean difference in oxygen partial pressure between inspired water and the blood in the gills. The 6-fold increase in mean gill ventilation during progressive hypoxia at a normal acclimation temperature $\left(22^{\circ} \mathrm{C}\right)$ observed in summer flounder is much higher than the 1.6 -fold increase reported for plaice, Pleuronectes platessa $\left(10^{\circ} \mathrm{C}\right.$, Steffensen et al. 1982), the 2-fold increase reported for European flounder $\left(8-10^{\circ} \mathrm{C}\right.$, Kerstens et al. 1979, Steffensen et al. 1982) and the 3-fold increase for starry flounder (9$12^{\circ} \mathrm{C}$, Watters and Smith 1973). However, total ventilation volume may have been underestimated in all of these studies because only gill ventilation ( $V_{g}$ ) was considered. Cutaneous respiration has been reported to account for a significant portion of oxygen uptake in flatfishes: 33\% in European flounder (Nonnotte and Kirsch 1978) and 27\% in plaice (Steffensen et al. 1981). The extent of cutaneous respiration in summer flounder is unknown.

As hypoxia progressed, the mean resting metabolic rate of summer flounder did not increase despite increases in branchial muscle work related to higher gill ventilation (as seen in Beamish 1964). This lack of increase in mean resting metabolic rate is consistent with other benthic fishes (Watters and Smith 1973, Kerstens et al. 1979, Jorgensen and Mustafa 1980, Steffensen et al. 1982, Van den Thillart et al. 1994, Maxime et al. 2000, Taylor and Miller 2001). The energy costs associated with increasing gill ventilation may be met through anaerobic metabolism, as evidenced by increasing blood and muscle lactate concentrations in flatfish experiencing hypoxia (turbot, Scophthalmus maximus; Maxime et al. 2000). Other theories explaining this phenomenon
include a low cost of ventilation and declining oxygen uptake in specific tissues due to blood flow rearrangement (Steffensen et al. 1982, Maxime et al. 2000).

The degree of hypoxia tolerance in fishes depends in part on the ability to maintain oxygen extraction in the face of increasing gill ventilation (Steffensen et al. 1982). As gill ventilation increases, water moves more quickly by the gills and functional dead space increases; this generally results in a decrease in oxygen extraction (Saunders 1962, Randall1982). Hypoxia-tolerant carp maintained oxygen extraction at about $82 \%$ in the face of a 5 to 6 -fold increase in gill ventilation during hypoxia (Lomholt and Johansen 1979). In contrast, oxygen extraction of rainbow trout (considered a hypoxiaintolerant species) decreased from 55 to $20 \%$ following a 13-fold increase in gill ventilation during hypoxia (Holeton and Randall 1967). Summer flounder in my study experienced a decrease in mean oxygen extraction due to an increase in mean gill ventilation (as exhibited by the linear relationship between these two responses; Fig. 5). However, the ability of summer flounder to extract oxygen is comparable to that of the European flounder during progressive hypoxia [oxygen extraction declined from 78-65\% and 76-52\%; Steffensen et al. (1982) and Kerstens et al. (1979)]. European flounder are considered more hypoxia tolerant than oxygen-conforming plaice due to their ability to maintain the same oxygen extraction as plaice, but at a higher gill ventilation (Steffensen et al. 1982). In the same way, summer flounder may be more hypoxia tolerant than either of these flatfishes due to the extent to which they can increase gill ventilation, which rivals that of carp.

Bradycardia is a typical teleost response to hypoxia (Gamperl and Driedzic 2009), but the role of bradycardia in maintaining arterial oxygen levels remains unclear. In most
teleosts, bradycardia is accompanied by an increase in stroke volume, which maintains cardiac output while increasing blood pressure (Randall 1982). Previously, this increase in pressure was thought to promote gill diffusion capacity by increasing lamellar recruitment (i.e., number of secondary lamellae perfused with blood) and evenly distributing blood within the lamellae (Farrell et al. 1979, Farrell et al. 1980, Booth 1979, Randall 1982). However, arterial blood gases in rainbow trout are unaffected by the presence or absence of bradycardia during hypoxia (Perry and Desforges 2006). Regardless, bradycardia does appear to have a cardio-protective effect in the face of declining venous oxygen (Farrell 2007), which flatfishes depend on for supplying oxygenated blood to the cardiac muscle (Farrell and Jones 1992, Farrell 2007).

Bradycardia was observed in summer flounder only at low oxygen levels, shortly after fish reached $S_{\text {crit. }}$. In contrast, bradycardia in winter flounder was observed at oxygen levels as high as $\sim 60 \%$ saturation when acclimated to $8^{\circ} \mathrm{C}$ and exposed to progressive hypoxia (Mendonça 2009). However, these results for winter flounder are unusual because winter flounder did not experience any bradycardia during progressive hypoxia at higher acclimation temperatures $\left(10^{\circ} \mathrm{C}, 15^{\circ} \mathrm{C}\right.$; Cech et al. 1977, Mendonça 2009). After an acute increase in temperature, $\mathrm{S}_{\text {crit }}$ and bradycardia in summer flounder occurred at a higher oxygen saturation level than at the acclimation temperature, suggesting decreased tolerance to hypoxia. However, both the absence of bradycardia or the occurrence of bradycardia only after $\mathrm{S}_{\text {crit }}$ is reached imply a very high tolerance for hypoxia in flatfish cardiac muscle and possibly the ability for substantial anaerobic energy production (Jørgensen and Mustafa 1980, Mendonça et al. 2007). Further
investigations into summer flounder cardiac function may provide a more complete understanding of how this species responds to hypoxia.

The mean $\mathrm{S}_{\text {crit }}$ for summer flounder at $22^{\circ} \mathrm{C}$ expressed as percent oxygen saturation (27\%) fell within the range of $S_{\text {crit }}$ values reported for other flatfishes experiencing progressive hypoxia at their acclimation temperatures: turbot (13-20\% saturation, Maxime et al. 2000), sole, Solea solea (12-20\% saturation, Van den Thillart et al. 1994), starry flounder ( $30 \%$ saturation, Watters and Smith 1973) and European flounder (40-50\% saturation, Steffensen et al .1982). $\mathrm{S}_{\text {crit }}$ has been reported to increase and decrease in response to increasing temperature (Fry and Hart 1948, Ultsch et al. 1978, Fernandes and Rantin 1989, Schurmann and Steffensen 1997). Scrit can also remain independent of an increase in temperature (Ott et al. 1980). For summer flounder, mean $S_{\text {crit }}$ increased in response to an acute rise in temperature (from 22 to $30^{\circ} \mathrm{C}$ ). This increase in $\mathrm{S}_{\text {crit }}$ may be due to a decreased capacity for increasing gill ventilation at higher temperatures (Hughes and Shelton 1962), as seen in the relatively small 3-fold increase in mean gill ventilation during hypoxia at $30^{\circ} \mathrm{C}$, as compared with the 6 -fold increase at $22^{\circ} \mathrm{C}$. Gill ventilation is limited by the branchial pump capacity (Farrell and Steffensen 1987), and lower temperatures usually permit greater scope for increase during hypoxia (Fernandes 1995). Because mean gill ventilation was higher during normoxia at 30 versus $22^{\circ} \mathrm{C}$, summer flounder had a limited ability to increase gill ventilation at $30^{\circ} \mathrm{C}$ as hypoxia progressed.

## Implications

The large capacity to which summer flounder are able to increase gill ventilation while maintaining oxygen extraction above $50 \%$ suggests that they are well-adapted to tolerating the hypoxic conditions they are likely to encounter in mid-Atlantic estuaries. An acute increase in temperature limits the ability of summer flounder to increase gill ventilation, thereby increasing $S_{\text {crit }}$ and reducing hypoxia tolerance. However, $S_{\text {crit }}$ values at both 22 and $30^{\circ} \mathrm{C}$ indicate that summer flounder are able to maintain metabolic requirements down to low levels of oxygen saturation ( $27 \%$ saturation or $2.0 \mathrm{mg} \mathrm{O}_{2} \mathrm{l}^{-1}$ at $22^{\circ} \mathrm{C}, 39 \%$ saturation or $2.5 \mathrm{mg} \mathrm{O}_{2} 1^{-1}$ at $30^{\circ} \mathrm{C}$ ). The length of time summer flounder can survive at oxygen levels below $\mathrm{S}_{\text {crit }}$ is unknown, although fish may exhibit behavioral avoidance to hypoxia before reaching $S_{\text {crit }}$. However, only when oxygen concentrations declined below $1 \mathrm{mg} \mathrm{O}_{2} \mathrm{l}^{-1}$ did summer flounder exhibit avoidance in the laboratory (Tyler 2004), and it seems unlikely that the growing duration and extent of hypoxia in areas like Chesapeake Bay will significantly alter summer flounder movement or distribution.

Despite the ability to remain in hypoxic situations, the cost of maintaining resting metabolic rate during low oxygen saturation levels higher than $\mathrm{S}_{\text {crit }}$ may deflect energy away from other important processes. For example, exposure to hypoxia affects feeding and growth rates in juvenile summer flounder even at moderate hypoxic levels (50-70\% oxygen saturation), and especially at higher temperatures ( $30^{\circ} \mathrm{C}$; Stierhoff et al. 2006). Hypoxia has also been shown to negatively affect feeding, growth, predation efficiency, predator escape responses, disease resistance and reproduction in fishes (Noga 1993, Tallqvist et al. 1999, Yamashita et al. 2001, Wu et al. 2003, Domenici et al. 2007, Landry
et al. 2007, Chabot and Claireaux 2008). These responses are related energetically to aerobic scope, the decrease of which can limit important activities (Claireaux and Lefrançois 2007). For this reason, further work establishing the aerobic scope of summer flounder and examining how aerobic scope is affected by hypoxia and temperature is necessary. The metabolic requirements and cardiorespiratory responses of summer flounder established in this study provide the requisite baseline data necessary to proceed with such future metabolic studies on summer flounder.

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Table 1. Summary of cardiorespiratory parameters in summer flounder and other fishes at normoxia. Resting metabolic rate $\left(\dot{V} o_{2}\right)$, critical saturation $\left(\mathrm{S}_{\text {crit }}\right)$, oxygen extraction $\left(E o_{2}\right)$, ventilation volume $\left(\dot{V}_{g}\right)$ and heart rate $\left(f_{H}\right)$ of summer flounder acclimated to $22^{\circ} \mathrm{C}$ and following an increase to $30^{\circ} \mathrm{C}$. Values are means $\pm$ standard error. Cardiorespiratory parameters of representative flatfishes, rainbow trout (hypoxiaintolerant) and carp (hypoxia-tolerant) are included for comparison. Values are for normal temperatures or after an acute increase in temperature $\left({ }^{a}\right)$. Asterisks denote significant difference at $\alpha=0.05$ relative to results observed at $22^{\circ} \mathrm{C}$.

| Species |  | Temp $\left({ }^{\circ} \mathrm{C}\right)$ | $\begin{gathered} \mathrm{VO}_{2}\left(\mathrm{mgO}_{2}\right. \\ \left.\mathrm{kg}^{-1} \mathrm{~h}^{-1}\right) \end{gathered}$ | $\mathrm{S}_{\text {crit }}(\%)$ | $\mathrm{EO}_{2}(\%)$ | $\begin{gathered} \mathrm{V}_{\mathrm{g}} \\ \left(1 \mathrm{~kg}^{-1} \mathrm{~min}^{-1}\right) \end{gathered}$ | $\mathrm{f}_{\mathrm{H}}$ (beats $\min ^{-1}$ ) | References |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Paralichthys dentatus | Summer flounder | $\begin{gathered} 22 \\ 30^{\mathrm{a}} \end{gathered}$ | $\begin{aligned} & 45.3 \pm 2.29 \\ & 92.8 \pm 5.46^{*} \end{aligned}$ | $\begin{aligned} & 27.2 \pm 0.02 \\ & 39.0 \pm 0.02^{*} \end{aligned}$ | $\begin{aligned} & 86.7 \pm 0.02 \\ & 80.2 \pm 0.02 * \end{aligned}$ | $\begin{aligned} & 0.130 \pm 0.01 \\ & 0.369 \pm 0.03^{*} \end{aligned}$ | $\begin{aligned} & 46.4 \pm 5.26 \\ & 79.7 \pm 1.65^{*} \end{aligned}$ | This study This study |
| Platichthys flesus | European flounder | 10 | 42.8 | 40-50 | 78.1 | 0.106 |  | Steffensen et al. 1982 |
| Pleuronectes platessa | Plaice | 10 | 31.0 |  | 69.0 | 0.089 |  | Steffensen et al. 1982 |
| Pseudopleuronectes americanus | Winter flounder | 15 20 | 43.1 77.5 |  |  |  | 46 71 | Cech et al. 1976 <br> Cech et al. 1976 |
| Platichthys stellatus | Starry <br> flounder | $9-11$ 19 | 37.1 68.2 | 31.8 | 55.0 | $\begin{aligned} & 0.142 \\ & 0.438 \end{aligned}$ |  |  <br> Smith 1973 <br>  <br> Smith 1973 |
| Oncorhynchus mykiss | Rainbow trout | 15 | 113.7 |  | 55.0 | 0.274 |  |  <br> Randall 1967 |
| Cyprinus carpio | Carp | 20 | 64.3 |  | 82.0 | 0.195 |  |  <br> Johansen <br> 1979 |

Figure 1. The determination of $S_{\text {crit }}$ from the resting metabolic rate of two fish from this study experiencing progressive hypoxia, one fish acclimated to $22^{\circ} \mathrm{C}(\bullet)$ and the other fish measured acutely at $30^{\circ} \mathrm{C}(\mathrm{o})$. Arrows indicate the $\mathrm{S}_{\text {crit }}$ values estimated from piecewise linear regressions $\left(22^{\circ} \mathrm{C}, \mathrm{S}_{\text {crit }}=26 \% ; 30^{\circ} \mathrm{C}, \mathrm{S}_{\text {crit }}=40 \%\right)$. The $\mathrm{S}_{\text {crit }}$ values for individual experiments were used to calculate mean $\mathrm{S}_{\text {crit }}$ values for each temperature.


Figure 2. Mean resting metabolic rate ( $V o_{2}$ ) of summer flounder (Paralichthys dentatus) acclimated to $22^{\circ} \mathrm{C}(\bullet)$ and acutely exposed to $30^{\circ} \mathrm{C}(\circ)$ in relation to changing oxygen saturation levels. Asterisks denote significant difference at $\alpha=0.05$ relative to normoxia within the same temperature.


Figure 3. Mean gill ventilation $\left(V_{g}\right)$ of summer flounder (Paralichthys dentatus) acclimated to $22^{\circ} \mathrm{C}(\bullet)$ and acutely exposed to $30^{\circ} \mathrm{C}(\circ)$ in relation to changing oxygen saturation levels. Asterisks denote significant difference at $\alpha=0.05$ relative to normoxia within the same temperature.


Figure 4. Mean oxygen extraction (Eo ${ }_{2}$ ) of summer flounder (Paralichthys dentatus) acclimated to $22^{\circ} \mathrm{C}(\bullet)$ and acutely exposed to $30^{\circ} \mathrm{C}(\circ)$ in relation to changing oxygen saturation levels. Asterisks denote significant difference at $\alpha=0.05$ relative to normoxia within the same temperature.


Figure 5. Oxygen extraction $\left(E o_{2}\right)$ expressed as a linear function of gill ventilation $\left(V_{g}\right)$ of summer flounder (Paralichthys dentatus) acclimated to $22^{\circ} \mathrm{C}(\bullet)$ and acutely exposed to $30^{\circ} \mathrm{C}(\circ)$ The symbols represent mean $\pm$ one standard error for $V_{g}$ (horizontal) and $E o_{2}$ (vertical).


Figure 6. Mean heart rate ( $f_{H}$ ) of summer flounder (Paralichthys dentatus) acclimated to $22^{\circ} \mathrm{C}(\bullet)$ and acutely exposed to $30^{\circ} \mathrm{C}(\circ)$ in relation to changing oxygen saturation levels. Asterisks denote significant difference at $\alpha=0.05$ relative to normoxia within the same temperature.


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