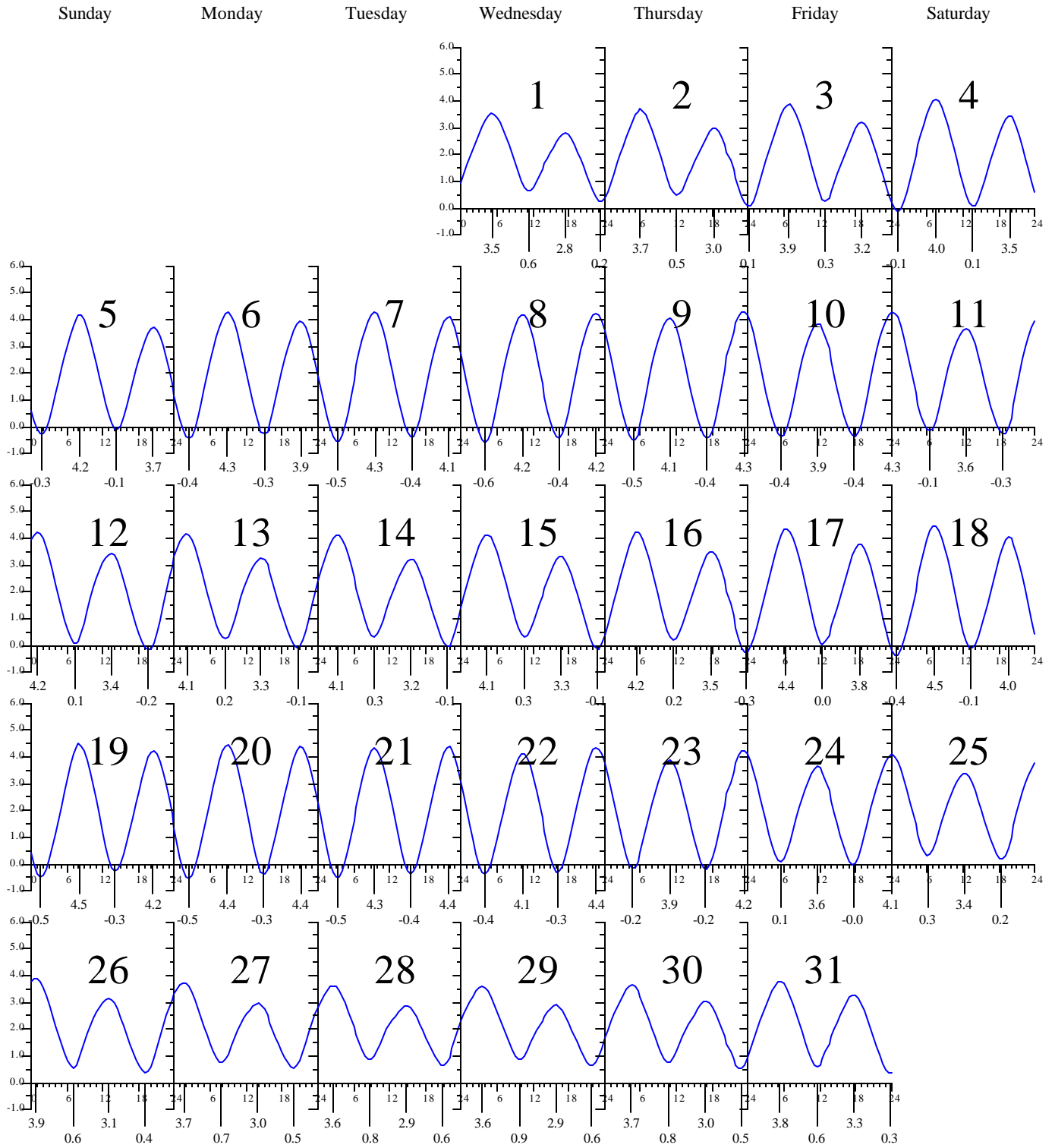


WACHAPREAGUE, Virginia — Mar 2000

EASTERN STANDARD TIME.



Heights are in FEET above MEAN LOW WATER.
0000 or 2400 is midnight, 1200 is noon.