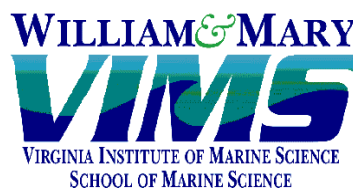
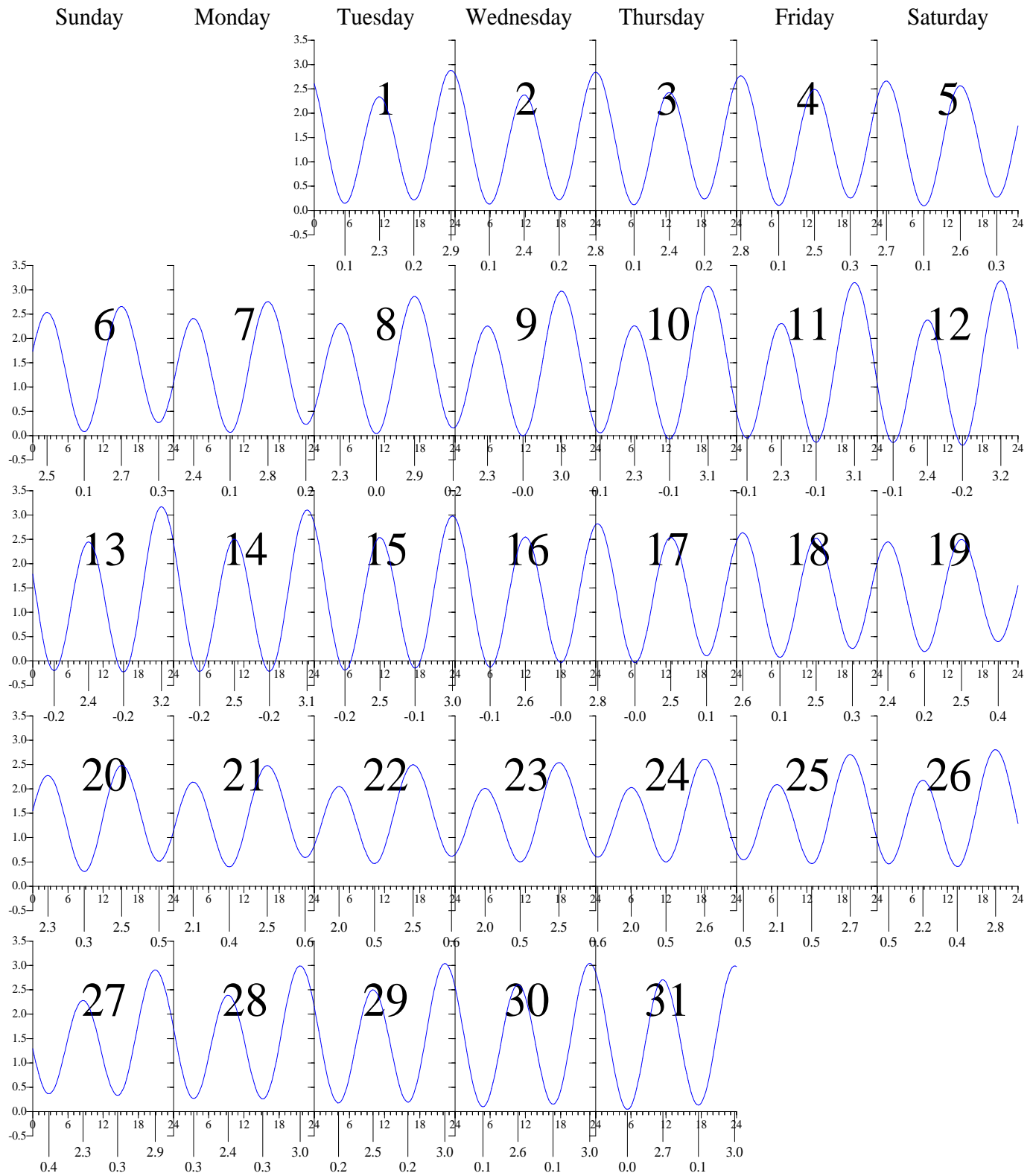


# HAMPTON ROADS, VA — Jul 2003 EASTERN DAYLIGHT TIME.



Heights are in FEET above MEAN LOWER LOW WATER.  
 0 and 24 are midnight, 12 is noon.