

HAMPTON ROADS, Virginia — Jan 2000

EASTERN STANDARD TIME.

Sunday

Monday

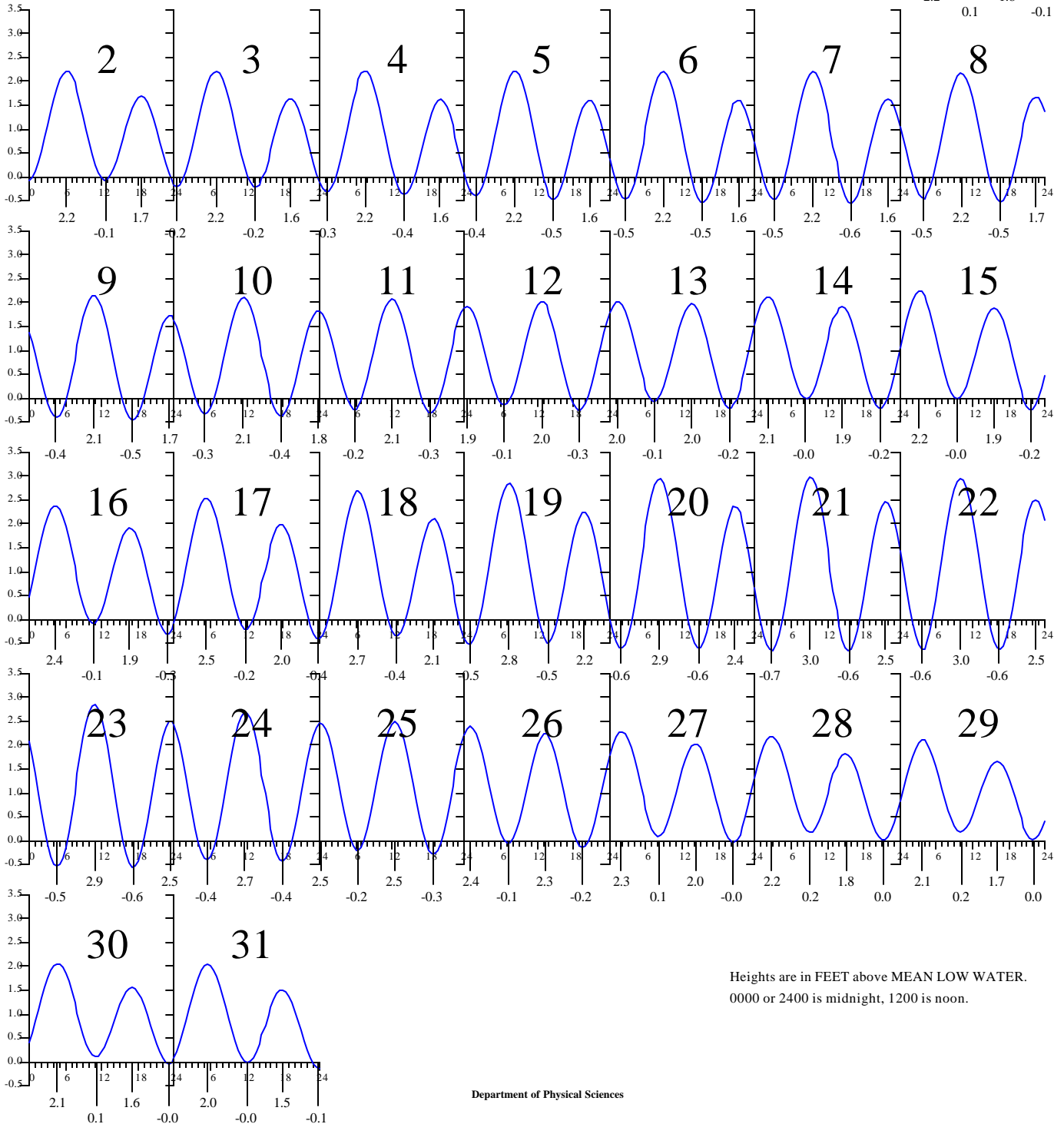
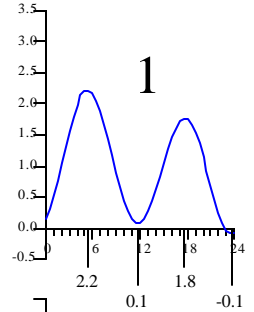
Tuesday

Wednesday

Thursday

Friday

Saturday



Heights are in FEET above MEAN LOW WATER.
0000 or 2400 is midnight, 1200 is noon.